## Norman Gregory Memorial Ride 20 miles. Blue arrow route

Mile	Direction	Place	Sign Post
0	Depart	St Peters Church	
0.2	Left at war Memorial	Cockfield	
1.4	Right at end of Great green	Cockfield	Felsham
1.9	Right at grass triangle ( caution )		Thorpe Morieux
4.1	Left at grass triangle	Thorpe Morieux	Brettenham
4.9	Left at T junction		Rattlesden
6	Right at grass triangle near Church ( care )	Brettenham	Finborough
6.2	Left on bend		No Sign
6.8	Left at grass triangle		Buxhall
6.8	Joins longer ride		
9.9	Left at T junction after church	Buxhall	Onehouse
10.3	Left at top of small hill		Rattlesden
11.7	Left on small rise		Hitchem
12	Left at grass triangle		Hitchem
12.2	Right at bottom of hill		Brettenham
13	Left at T junction		Brettenham
13.2	Right on bend ( caution )		Felsham
14.1	Left at grass triangle		Brettenham
15.3	Right at T Junction		Felsham
16.3	Left at large grass triangle Left again	Felsham	B st Eds Cockfield
16.4	Leave longer ride	Felsham	Lavenham Cockfield
18.5	Left at Great green	Cockfield	Cockfield
19.8	Right at war Memorial	Cockfield	Church
20	Arrive	St Peters Church	

https://ridewithgps.com/routes/43347697

The Cockfield Legend, When asked the secret to long life, replied. " Keep Breathing " Norman Gregory.  $1922 \sim 2022$ 

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