



# Summer Lunch

**12:30 pm for 1 pm  
Sunday 23rd July 2023**

*In the delightful setting of  
**Gardeners Cottage  
Cockfield IP30 0JN**  
By kind permission of  
Jeremy and Sue Cole*

**Tickets £20.00**  
(includes a complimentary drink)  
**Children £5.00**  
(under 5 Free)

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# Green Links



The Monthly Village Magazine of Cockfield  
Edition 4- No 193 June 2023

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Everything seems to be happening at once, the Coronation Event had to be delayed for 24 hours due to the weather forecast but it went off very well on the Sunday, there will be a report and photos next month.

The Summer Solstice walk is coming up on the 24th, we need to book for the Church Summer Lunch and the Village Fete is in July. Add in the WI's Coffee Morning, the Rural Coffee Caravan's visit and the Cinema its certainly busy.

So on a slightly slower note the following came into me from the Football Teams and I would like to share it with you

'I had an elderly supporter come into the pavilion prior to the our game on Tuesday. It was a lovely sunny evening and the green had just been cut. He wanted to talk to someone from Cockfield.

He enthused about the pitch setting, village green, lovely houses and village itself. Words he used were impressive, beautiful and magnificent. He lives in Colchester and couldn't believe where he had come to to watch a football match.

**We should be proud of where we live.'**

I couldn't say it better We should all be proud of where we live.

Janne

[www.cockfield.org.uk](http://www.cockfield.org.uk)

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## Fifteen minutes with Lloyd Warwick

When you mention pub landlords, some people might think of Al Murray's alter ego, the fiercely patriotic English publican with very conservative values and an animosity towards the Germans and the French (the actual Al Murray is in fact an Oxford history graduate and a very knowledgeable World War 2 historian. He is also a big fan of Genesis, which gives him five stars in my book!). However, I thought I'd have a chat with a real pub landlord, none other than Lloyd Warwick, the owner and landlord of the Horseshoes public house, the only operating pub in Cockfield. I caught up with him one Thursday evening. Having settled myself in my usual seat at the bar, not too far from the wood burning stove which was roaring away, I got out my tape recorder (okay, mobile phone) and started the conversation....

Jeremy Gardner

**JG.** The last three years have been a bit of a rollercoaster for publicans. Are things getting back to normal?

**LW.** The 'new normal' - that's to say very unpredictable. Business is getting better, but it's very unpredictable. Customers habits are changing too...

**JG.** We'll definitely come onto that subject. Let's go back to Friday 20 March 2020, and Boris Johnson announces that all pubs in England have to shut with immediate effect. What was the mood like here when you heard that news?

**LW.** Unbelievable. It was all an unknown for everybody wasn't it? It was the first time it had ever happened, so we were very surprised. People gradually left and said "we'll see you when we see you". No one knew what was going to happen.

**JG.** As far as I can tell it was the first time in the history of England that all pubs in the land had been forced to close their doors. How did you deal with that initially?

**LW.** It was very difficult. We had all that wasted stock. We didn't get any advice, we just switched off all the machinery - mothballed everything. I had to get rid of all the beer and the food. I'd actually started to get an inkling that this might happen so I'd started to run the stock down.

**JG.** Okay, so having been told it would take two weeks to 'flatten the sombrero', the pubs actually re-opened four months later in July, and then in August Rishi Sunak, then Chancellor, introduced the Eat Out to Help Out scheme. Did you participate in that?

**LW.** Yes I did. It was brilliant. It brought a lot of people out and really got things going again. It lasted the whole of August and ran from Monday to Friday, so just weekdays. As far as I remember the government discounted up to thirty pounds. When that ended things tailed off a little bit.

**JG.** In October we had all the confusion of the system of 'tiers', because in certain tiers (we were all driven to tiers!) you could only have a drink with what was termed a 'substantial' meal. The trouble was, nobody in the Government seemed to have the slightest idea what that was, with arguments about Scotch eggs and pizza slices and so forth. Did you manage to make sense of all that?

**LW.** As well as I could really, but you did get the feeling that you were making it up on the fly. We'd just allow a few of the locals to come in to keep the pub open, but we were losing money when it was open. It was a sort of lockdown by stealth really. You couldn't drink standing up either, you had to be sitting down and two metres apart.

**JG.** Okay, so then came lockdown number two in November, followed by lockdown number three in January 2021. In February Boris Johnson announced his 'roadmap' to get us out of the hole we were in, so you now had a timetable instead of just uncertainty. That must have been a huge relief.

**LW.** It was. At first in April you could only drink outside, and the weather was pretty cold, and I thought, "who'd want come to come and sit outside when it's cold and dismal.", so we only opened up again when the pubs were allowed to be fully open in May. It was a slow trickle at first because people were a bit nervous. People's habits had changed, and for many people that meant the habit of going out to the pub. I still think it's like that today.

**JG.** Well, personally I couldn't wait for the pubs to re-open. It was probably the best day I've had since retiring! Anyway, that's enough of that. Can you tell us how you came to be the owner of this magnificent old pub?

**LW.** I had the Kersey Bell, which is just outside Hadleigh, and when I was trying to buy a Freehold this one was on the market. It was closed and in a very poor state and I saw it, and that was 10 years ago. I had to do a lot of work to it, but I saw an opportunity and here we are.

**JG.** You're the only operating pub in Cockfield. That's a pretty good position to be in, isn't it?

**LW.** I think so, but I never want to see any pub close. They're part of the community, they should always be the hub of the community, and if you don't use it, you lose it. Once they're gone, they're gone. It's very hard to get them back.

**JG.** Since 2000 14,000 pubs in Britain have closed. Presumably it's the good, well run pubs that survive.

**LW.** I think we'll see a lot more close, but as you say the good ones will survive, especially Freehold pubs like this one. I'm not tied to a brewery so I can buy what I want, and I have control. I also have a vested interest in seeing it do well. Any business is like this, you just can't allow it to fail, so you keep on top of things. Basically these days it's survival of the fittest.

**JG.** What is your USP here?

**LW.** The building, the pull up kerb appeal, the wood stove. It's not a plastic pub if you see what I mean. They all look the same, they're very generic, and they don't have a feel to them. This place has got a lovely feel, especially in the winter. Here we are in February, it's cold, but we're sitting at the bar next to a roaring fire.

**JG.** How have people's drinking habits changed once they're in the pub?

**LW.** I sell a lot more wine and cider now, and gins are becoming very popular, but people also like coffee, so I serve a whole spectrum of drinks. If you went back thirty years ago it was just lager and bitter. People often try different drinks over the course of an evening.

**JG.** What makes this job special?

**LW.** I enjoy being my own boss. I see myself as the custodian of this building. This building is five hundred years old, and I'm a little blip on that timeline, and this building will hopefully still be here in another five hundred years. I don't see any downsides really (pandemics notwithstanding!). It's a very sociable job. I get to meet all the local people. There's still a line though between the customer and the person who's serving, so I don't get involved in politics or local gossip or things of that nature.

**JG.** Finally, I understand you were a golf pro at one stage. Can you tell us about that?

**LW.** Through my amateur days I played all over the country and internationally. I was Essex captain at one point and then turned professional when I was about 21, so a long time ago. I won my second event - I didn't win a fortune but it was enough to allow me to travel to America. I ended up staying there for eleven years. I got to a certain age and I'd never got my tour card, I was just playing in the mini tours. So I said to myself "that's it really". I come from a pub background, and I'd been around pubs and restaurants all my life, and my wife's a chef, so this was the natural fall back really.

**JG.** It's been great to chat. Thanks very much for giving me your time, and I'll have another 'shoes please!





## COCKFIELD SPORTING ACTION 100 YEARS AGO

After my father retired as Head Teacher at Cockfield School, he spent much of his time researching local history. He was also a cricket enthusiast and I recently found in his research papers a copy of a page from the Bury Free Press, dated 12th May 1923, which included a report of a cricket match played at Cockfield on the previous weekend, which is shown below.

It was the opening game of the 1923 season and featured Cockfield's Married versus Single teams. It was a low scoring match; no doubt a light hearted, but competitive 'warm-up' fixture for the season ahead. Some of today's village residents will recognise the names of their ancestors in the two teams.

It is likely that some of the players had served in the forces in WWI. Comparing newspaper reports of other Cockfield and District matches against Brettenham and Bradfield Combust in May and July 1914 with the names on the village War Memorial, shows that none of the players in those matches died in the War.

Following the declaration of war only one month after the July match, it is likely that very little cricket was played in the following four years. A match report for Cockfield's second win of the 1920 season against Rougham on 15th May, is the first post-war record I have seen, but matches may also have been played in 1919.

Mark Webster

Cockfield: Married v. Single.—The season opened on Saturday with a Married v. Single match, the captain (Mr. S. S. Gostling) and vice-captain (Mr. Walter Cocksedge) arranging the teams. F. S. Blamire took 4 for 11, S. S. Gostling 4 for 14, V. E. Collarbone 2 for 7, W. Cocksedge 4 for 20, R. Hodge 3 for 10, and L. W. Clarke 2 for 10. Scores:—

Married: A. C. Tricker b L. C. Clarke 0, T. C. Cocksedge c Pleasance b Cocksedge 0, V. E. Collarbone c and b Cocksedge 5, S. S. Gostling b Clarke 17, A. Powell h.w. b Cocksedge 1, F. S. Blamire b Cocksedge 1, D. Burke run out 2, C. Pleasance b Hodge 3, H. Bantock b Goshawk 2, A. Fayers not out 12, G. Clarke c Lockwood b Hodge 10, E. Copping c and b Hodge 0, extras 3, total 56.

Single: R. Hodge b Blamire 3, L. Clarke b Blamire 0, H. Ford b Gostling 10, H. Goshawk b Blamire 6, F. Clarke b Gostling 1, W. Cocksedge b Blamire 1, J. Lockwood c Powell b Gostling 0, S. Goodchild b Powell 3, E. Bantock b Gostling 0, G. Pleasance c Tricker b Collarbone 4, E. Lockwood c Blamire b Collarbone 3, S. Willis not out 3, extras 4, total 39.

# Cockfield United Football Club

The 2022-23 season has finally drawn to a close, and what a tumultuous season it's been. The First Team came agonisingly close to promotion to the Senior Division of the SIL. Having gone ten games unbeaten since losing to Bramford Road Old Boys in November, it all slightly unravelled from mid April onwards, when our unbeaten league run came to an end when we lost 1-0 on the Green against Somersham on 15 April. The following Saturday we went to Debenham to compete in the semi final of the Suffolk Junior Cup semi final against Kesgrave, a team we had already beaten twice in the league. In the dying seconds of normal time with the score 1-1 a penalty shootout was just around the corner (no extra time). However, a long hopeful ball was lobbed in by Kesgrave to the back post and we didn't deal with it. It was duly put away to snatch an unlikely win for Kesgrave in a game we had largely dominated.

After this setback we bounced back to win the next two league games 7-0 and 5-0 against Capel Plough and Grundisburgh respectively up on the (newly shorn) Green. This put us top of the table. From this point on we just ran out of steam. We were well beaten 4-1 in the return away fixture at Somersham, but we were still top - on goal difference. And so to the last round of fixtures of the 2022-23 season. All four teams at the top had 49 points, but we had a much better goal difference than the other three teams competing for the two promotion spots. We had a tough final fixture against Tattingstone, one of the top four. A win against Tattingstone would see us promoted- regardless of Stowupland's and Somersham's results - thanks to our superior goal difference. Unfortunately we lost our game 2-0, and the other results meant that Stowupland Falcons and Tattingstone United were promoted, with Somersham FC and Cockfield Utd just missing out.

Congratulations must go to head coach Tom, assistant coaches Kevin and Tom (another one!) and all the players for a fantastic season. We trained hard and numbers at training were always impressive, and our form on the pitch was largely down to the work the players put in midweek on the 4G pitch at KEGS. Top scorer was Luke Spivey with 38 goals in all competitions. Ross Brinkley and Brett Codd both managed 30 appearances in all competitions, followed by Liam Bowyer (29) and Alfie Bullett and Luke Spivey (both 28). Alfie had the most assists with 28, followed by Ryan Goulding with 11. The final league table is shown.

The Reserves competed in Division 4 and had a much more successful season than last year, finishing in 7th place, so congratulations to coach Josh Bowcher and all the players. Top goal scorer for this season was Callum Brown (12), followed by Barry Budgen (7). Heading up the most appearances were Rhys Taylor and Keiran Whiting (both 18), followed by Jonathan Ruffell (17), Connor Harrod and James Clayton (both 16). The final league table is also shown.

JG

# Division One

## League Table

FULL TABLE DETAIL >

| Pos | Team                                    | P  | W  | D | L  | GD  | PTS |
|-----|---|----|----|---|----|-----|-----|
| 1   | Stowupland Falcons F.C. First (Sat)     | 24 | 15 | 7 | 2  | 40  | 52  |
| 2   | Tattingstone United F.C. First (Sat)    | 24 | 15 | 7 | 2  | 34  | 52  |
| 3   | Somersham F.C. First (Sat)              | 24 | 16 | 4 | 4  | 33  | 52  |
| 4   | Cockfield United F.C. First (Sat)       | 24 | 16 | 1 | 7  | 46  | 49  |
| 5   | Bacton United 89 F.C. First (Sat)       | 24 | 13 | 4 | 7  | 31  | 43  |
| 6   | Stanton F.C. First (Sat)                | 24 | 11 | 5 | 8  | 14  | 38  |
| 7   | A.F.C. Kesgrave First                   | 24 | 11 | 4 | 9  | 16  | 37  |
| 8   | Bramford Road Old Boys F.C. First (Sat) | 24 | 10 | 5 | 9  | 5   | 35  |
| 9   | Grundisburgh F.C. First                 | 24 | 9  | 3 | 12 | -16 | 30  |
| 10  | Achilles F.C. First (Sat)               | 24 | 5  | 4 | 15 | -43 | 19  |
| 11  | Capel Plough F.C. First (Sat)           | 24 | 4  | 5 | 15 | -42 | 17  |
| 12  | Woolverstone United F.C. First          | 24 | 3  | 4 | 17 | -43 | 13  |
| 13  | Wenhaston United F.C. First             | 24 | 1  | 1 | 22 | -75 | 4   |

# Division Four

## League Table

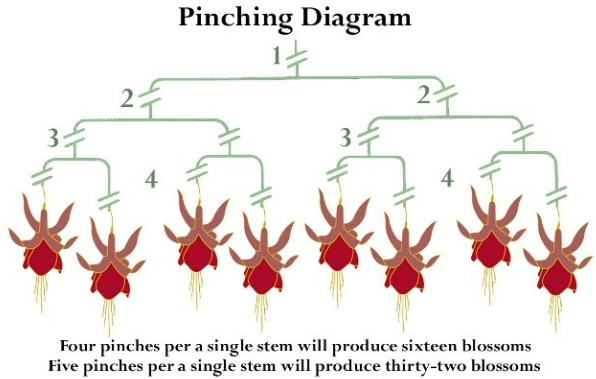
FULL TABLE DETAIL >

| Pos | Team                                  | P  | W  | D | L  | GD  | PTS  |
|-----|---------------------------------------|----|----|---|----|-----|------|
| 1   | Framlingham Town F.C. 'A'             | 22 | 14 | 5 | 3  | 38  | 47   |
| 2   | Gipping Gnats F.C. First (Sat)        | 22 | 14 | 2 | 6  | 33  | 44   |
| 3   | Sporting 87 F.C. 'A' Team (Sat)       | 21 | 12 | 2 | 7  | 18  | 38   |
| 4   | Walsham Le Willows F.C. A Team        | 20 | 11 | 5 | 4  | 17  | 36 * |
| 5   | Grundisburgh F.C. Reserves            | 22 | 10 | 5 | 7  | 7   | 35   |
| 6   | Kesgrave Kestrels F.C. Reserves (Sat) | 22 | 9  | 4 | 9  | 15  | 31   |
| 7   | Cockfield United F.C. Reserves (Sat)  | 21 | 9  | 4 | 8  | 6   | 31   |
| 8   | Capel Plough F.C. Reserves (Sat)      | 21 | 10 | 1 | 10 | -2  | 31   |
| 9   | Hope Church F.C. First (Sat)          | 22 | 9  | 3 | 10 | 10  | 30   |
| 10  | Coplestonians F.C. 'A' (Sat)          | 22 | 6  | 5 | 11 | -28 | 21 * |
| 11  | Old Newton United F.C. Reserves (Sat) | 22 | 3  | 3 | 16 | -50 | 6 *  |
| 12  | Unity F.C. First                      | 19 | 1  | 1 | 17 | -64 | 0 *  |

# Garden Tips for June 2023

## Flowers & Grasses

- Once the leaves of snowdrops and bluebells have started to go yellow you can lift and divide the clumps.
- Fuchsias – Pinch out the tips to promote a bushy habit. This will also encourage the production of more flowers.
- Thin out drifts of directly sown hardy annuals.
- Once you have hardened off (this means moving plants outdoors for a portion of the day to get them acclimatised to different amounts of light, air and in particular night time temperatures) you should now be able to move hanging baskets and containers out of the greenhouse to their final positions in the garden.
- Don't forget to water hanging baskets and container grown plants either first thing in the morning or in the evening. Depending on the weather you may have to water hanging baskets twice a day.
- Sweet Peas – pick as soon as they flower to encourage the plant to produce more blooms.
- Once Oriental poppies have finished flowering cut the foliage back to ground level. They will soon recover and produce a fresh mound of foliage.
- Towards the end of the month you can also re-invigorate Hardy Geraniums by trimming back to encourage new foliage and flowers. 'Roxanne' is a particularly long flowering variety with bright blue flowers.
- Make sure all tall plants such as Delphiniums, Sunflowers are fully supported. Also stake and tie in Dahlias as they grow.
- Delphiniums are very hungry plants so you should aim to feed with a balanced liquid fertiliser which can be seaweed based or alternatively you can use Tomorite every 2 -3 weeks.



- Cut back Pulmonaria and feed with a slow release fertilisers. You can also divide congested clumps and replant now.
- Cut back any hardy geraniums which have finished flowering. This will encourage new foliage and flowers.
- Divide and replant primulas, primroses, polyanthus and cowslips.
- Keep on top of weeding your borders.
- Consider Ornamental grasses for dry areas of the garden and for use in containers with summer bedding.

### **Fruit and Vegetables**

- Tomatoes – Pinch out the side shoots of your tomato plants. Lightly spray the tomato flowers with water this will help the fruit to set. Start to feed once the first truss is setting fruit.
- Harden off and plant outdoor tomatoes.
- Harvest salad crops and sow seeds every fortnight to ensure a continuous supply of leaves
- First early potatoes should be ready for harvesting. Nothing quite like home grown potatoes with lashings of butter.
- Make sure you protect soft fruits from the birds and wildlife with appropriate netting.
- If you are growing soft fruits in containers they will benefit from a high potash liquid feed.
- If you grow blueberries in containers make sure you only water with rainwater.
- If you haven't done so already harden off and plant tender vegetables such as courgettes, squash and sweetcorn.
- Protect crops from carrot fly by covering with horticultural fleece.
- Once the leaves turn yellow and start to die back on your onion and garlic that's the time to start harvesting.



### **Trees, Shrubs & Climbers**

- Remove any reverted green shoots on evergreen shrubs such as Elaeagnus and Euonymus to prevent the whole shrub losing variegation.
- If summer rainfall is scarce then I would delay planting any containerised trees or shrubs until autumn.
- Viburnum Tinus can still be trimmed back this month
- Don't forget to tie in twining climbers like honeysuckle and summer flowering clematis to their supports.

- Tie in climbing and rambling roses as near to horizontal as possible. This restricts sap flow and causes more side shoots to grow along the length of the stem. This will result in the production of more flowers.
- Regularly deadhead your repeat flowering roses.

### Lawns

- You can still apply a lawn fertiliser if you didn't get round to it in May.
- It's a good idea to spike the lawn in hot weather this will enable any rain to penetrate down to the roots.
- If weather has been very dry raise the blades on the mower to reduce stress on the grass.
- During prolonged periods of dry weather water established lawns and especially any newly seeded or turfed lawns.
- Re-cut lawn edges or install lawn edging available from garden centres/ hardware stores to assist with future maintenance.

### General Maintenance and planning

- Weeds will be growing at an alarming rate. I try and wander out in to the garden preferably on a daily basis to nip off dandelion and daisy flowers before they have a chance to set seed and takeover completely.
- Check plants in greenhouse daily and water if the soil/compost dry.
- Don't forget to keep the greenhouse well ventilated and shaded in hot weather. In the evening I use my watering can fixed with a rose to spray the base of the greenhouse with water. This helps deter red spider mite.
- Keep bird baths topped up in hot weather.
- Turn compost heaps every month to keep well aerated.
- Check for vine weevils in pots. They look like C shaped maggots among the roots. Treat with nematodes which can be purchased online or at good garden centres.
- Don't let pots dry out as this will encourage ant infestation.



Happy gardening  
Kate Ransom



**Cockfield CEVCP School**

Cockfield

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**We share, care and learn together**

Chair of Governors: Dr Norman Kelly

Dear Readers,

Summer term is whizzing by, SATs bravely undertaken by Year 6 and Year 2, Birch class swimming weekly, cricket matches between schools underway, athletic events booked, trips out secured, the Olympic sports champion visit re scheduled, a skateboarding workshop planned, and some extra surprises are under wraps!

The Coronation was celebrated in style with crown making, baking, party games and party food, as well as some great learning about the history of the monarchy, the ceremony and the artefacts used in the service.

This half term we have a music workshop with a professional musician and we will also be making instruments from recycling and playing a piece of music to an audience!

A message from Willow Class :-

'Willow Class have recently enjoyed a trip to the School Farm and Country Fair in Ipswich. They got to meet lots of animals including cows, sheep and Suffolk Punches. They were able to stroke some pigs and a donkey which they learnt could live to 50!

We also learnt about egg production and how sausages are made. Some of us got to taste the sausages that we watched being made. Everyone enjoyed tasting some fresh strawberries after we found out about why bees are so important to strawberry growers. We finished the day by watching the Carrot story.

"I learnt that 80% of eggs are funny shapes and are not sold in the supermarkets" Phoebe

"I really enjoyed getting to meet and stroke the animals" Stanley '

A marvellous day out and the children were a credit to the school with immaculate behaviour.

Best wishes,

Mrs Harkin Head teacher

# Cockfield W.I.

## Mays Meeting



At the end of April a group of members visited Gainsborough House in Sudbury. It reopened at the end of last year after refurbishment and extension, to include additional visiting exhibitions. The visiting exhibition is currently of art work from Woburn Abbey. There is also a huge window at the top of the new building affording a lovely view over some old parts of Sudbury. The members thoroughly enjoyed the visit and in particular the guided tour of the exhibitions.



The gallery tour guide, a volunteer, was very informative, knowledgeable and interesting. She brought the visit to life with her enthusiasm! There is also now a new shop and a café! In May we have had our AGM, which is a requirement annually at this time. Most members of our committee decided to continue including our President Michelle Callinan. It was also an occasion to vote on this year's WI resolution, as the WI campaigns annually for

something to be improved, resolved or changed at national level. The WI has some influence on such matters, being a large organisation. This year it is 'Clean Rivers for People and Wildlife', as we strive to reduce pollution and provide bathing areas in places (one possibility may be proposed in Sudbury). The proposal was supported at the meeting. We also reflected on the very wide range of interesting and educational speakers we have had during the last year. These included the amazing guide dog Suebi with her owner, our attendance at the High Group meeting at Horringer WI, when seventeen members from Cockfield WI attended and 'Gardeners' Question Time' by the Thorpe Morieux gardening club. We have also held eleven coffee mornings and four Saturday lunches over the year!

In June we have a garden meeting in one of our member's lovely garden. It will be an opportunity to have a chat and enjoy lovely refreshments including scones with jam, cream and strawberries!

In July our speaker is Lou Chapman, a local artist. It is entitled 'The Tale of a Fortunate Woman'. She will talk about her passion for painting and how she achieved her childhood ambition to be a professional artist. She will bring examples of her bright contemporary work and greetings cards.

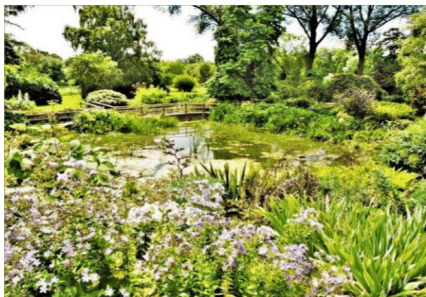
In August we will be welcoming John Sanders, a very knowledgeable local guide from Bury St Edmunds, with a talk entitled 'Time On Our Hands'.

In September we will have a visit from the BSE Rickshaw group, who were awarded The Queen's Award for Voluntary Service on 9th June 2022. Locally they offer free, chatty rides for local people who need a bit of help getting out and about. They also do deliveries for local charities.

In October we have a return visit from Alison Lambert (Health Visitor). Details of her talk will follow.



A visit to Fullers Mill Garden at Bury St Edmunds is planned for Friday 16th June. A further date may be pencilled in for a few members if some members can't make it on that date. It is a lovely, well established 7 acre garden. It is beautiful and interesting at all times of year as well. It was voted 2022 RHS Partner Garden of the Year for the Midlands and East of England. It sits between the pines of the King's Forest and the pools of Lackford Lakes (a nature reserve). 'An atmospheric woodland garden divided by the River Lark'.



We are also helping to provide refreshments at the village fete on Sunday 16th July. It would be great if members could provide a cake (please check with Michelle first to see what is needed).

It is hoped a fund-raising event will take place in the village hall, possibly in September. It will be a bazaar with refreshments, so it would be great if everyone could start looking for anything no longer wanted, or are clearing a space and think others can make use of those items! Thank you!!!!

A visit to the Food Museum at Stowmarket is planned for September too. The Food Museum (formerly the Museum of East Anglian Life) is Britain's only Food Museum. It is set in 75 acres of Suffolk countryside and has 40,000 objects and 17 buildings to explore. A date will be arranged soon.

The coffee morning we hold in the village hall each month is a great place to meet and have a chat! It is open to everyone and everyone is very welcome to share some lovely homemade cakes and biscuits, as well as tea and coffee. The next two Thursday coffee mornings are from 10.30 am until 12 noon and are on the 22nd June and 27th July, in the Village Hall Committee room. The monthly coffee mornings will continue throughout the summer!

Our monthly Saturday lunches, offered soup in the winter months and more recently jacket potatoes. They have been very enjoyable and well attended. Further lunches are planned to resume in October, after a break for the summer. The lunch in May was based on a ploughman's based salad and a hot drink for a small contribution of £1, for the food! Please come when the lunch dates return, we would love to see you then!

We would all really like to say welcome to you if you have recently moved into the village and would love to meet you. Visitors are always very welcome to WI meetings and if you would like to come along, haven't felt comfortable going out due to Covid or used to come to WI and would like to think about coming back, please contact Michelle Callinan

## **Cockfield Community Coffee 4th Thursday of the month**



**Hope to see you there**

**Cockfield Village Hall - Committee Room  
10.30am - 12 noon**

**No Charge but donations are welcome Enquiries please email [wi@cockfield.org.uk](mailto:wi@cockfield.org.uk)**



# Summer Lunch

**12:30 pm for 1 pm  
Sunday 23rd July 2023**

*In the delightful setting of  
**Gardeners Cottage  
Cockfield IP30 0JN***

*By kind permission of  
**Jeremy and Sue Cole***

**Tickets £20.00**  
(includes a complimentary drink)  
**Children £5.00**  
(under 5 Free)

Available from PCC Members or Telephone:

**Fund Raising for St Peter's Church Cockfield**



# Summer Solstice Walk

Saturday  
24th June

Start at 5pm from the Village Hall



Finish with a Bar and BBQ  
back at the hall.



Brought to you by Cockfield  
Community Council - tell  
your friends and neighbours

**LAVENHAM PRE SCHOOL OPEN DAY**

2,3 AND 4 YEAR  
OLD SPACES  
STILL AVAILABLE  
FROM  
SEPTEMBER  
2023

COME AND SEE  
OUR PRE  
SCHOOL,  
FOREST  
SCHOOL  
AND MEET THE  
TEAM!

**10TH JUNE 2023  
SATURDAY 10.00-14.00**

CONTACT US ON: [LAVENHAM.PRESCHOOL@GMAIL.COM](mailto:LAVENHAM.PRESCHOOL@GMAIL.COM) OR 01787 249 738

**ST CLARE SUMMER FUNDRAISER**

**Summertime Jazz Picnic**

with Richard Wheatley and his Jazz Pals.

**Saturday 10<sup>th</sup> June 3-6pm**

Tickets £10 adults, £5 under 16, family £25. Book through

Lorraine on **07742151677**

BYO picnic

Cake Stall, games (bring pennies)

Strawberries & Cream, Tea & Coffee included with ticket

The Old Rectory, Bury Rd, Bradfield St Clare IP30 0ED

Parking on site

**COCKFIELD COMMUNITY CINEMA PRESENTS**  
**What's Love Got to Do with It (12A)**

**Friday 23<sup>rd</sup> June**

Cockfield Village Hall

Doors Open: 7pm – Film starts: 7:30pm

Tickets on the door

Adults: £4.50 / Under 16s: £3.00

Raffle, Refreshments & Licensed Bar available from 7pm



How do you find lasting love in today's world? For documentary-maker and dating app addict Zoe (Lily James), swiping right has only delivered an endless stream of Mr. Wrongs to her eccentric mother Cath's (Emma Thompson) dismay. For Zoe's childhood friend and neighbour Kaz (Shazad Latif), the answer is to follow his parents' example and opt for an arranged (or "assisted") marriage to a bright and beautiful bride from Pakistan. As Zoe films his hopeful journey from London to Lahore to marry a stranger chosen by his parents, she begins to wonder if she might have something to learn from a profoundly different approach to finding love.

**MONTHLY SCREENINGS**

**4<sup>TH</sup> FRIDAY OF THE MONTH  
FOR FUTURE SCREENINGS**

**VISIT: [www.cockfield.org.uk](http://www.cockfield.org.uk)**

## **A Note from our District Councillors**

We wish to express our thanks to the residents of the Lavenham Ward for their overwhelming support for us both at the Babergh District Council elections.

We believe the position of District Councillor is vocational and one of service to others. We look forward to fulfilling our position of service to the parishes of Chilton, Cockfield, Great Waldingfield, Lavenham, and Little Waldingfield for the next four years.

Thank you for your support, it is a privilege to serve you.

With our best wishes to all residents,

Margaret Maybury and Paul Clover

### **Are you good with websites? We need you!**

Have you looked at the Cockfield Benefice's website lately? If you have, you may think that it needs a bit of a 'refresh'!

We need someone (a volunteer) to help us with the website as neither the Rector or her team has the skills or experience to develop it.

If you can help us then please do get in contact with Canon Sharon Potter, revsharon2@gmail.com, telephone or text 07825 086063.

Thank you!

p.s. the website's address is [www.cockfieldbenefice.com](http://www.cockfieldbenefice.com).

## Summary Report of the Ordinary Parish Council Meeting held on 30<sup>th</sup> March 2023



(Please note: 'To obtain a copy of the full formal minutes of this meeting, please email the Parish Clerk, [parish.council@cockfield.org.uk](mailto:parish.council@cockfield.org.uk) / Refer to the village web site.

**BMSDC Public Realm Land:** SCC Highways Enforcement representative has returned from leave, is retrieving the legal forms and will set up a conference call with Cllr Lindsay and SCC Highways to hopefully make some progress on this matter.

**Local Needs Housing:** The Clerk will get the application for 'Granting of a new right of common and application for registration of a right in the commons register' witnessed by the Parish Councils Solicitor.

**Parish Paths:** The Parish Councillor had again pursued SCC regarding the unsafe condition of the Abbey footpath bridge and SCC have now confirmed they have scheduled it for replacement, subject to confirmation of ownership. However, no time-scales were provided for the replacement.

**Other Assets:** The Chair of the CC has confirmed that a notice board is no longer required at the Pavilion as Cllr Turner had offered them a site at the Post Office.

**Cross Green:** The Clerk confirmed that the Fertilizer and Lime to treat the grass at Cross Green had been delivered and has been spread by a volunteer from Cross Green.

**Bus Stop Project:** The Parish Council had met Dawn Edwards (Orwell Housing Association) on 24/02/23 to inspect the shelter and balustrade. The Balustrade has been realigned and refixed. The signwriting on the road has deteriorated and will be redone.

**Glebe Land:** Councillors were advised that all allotment plots have been taken and we have a waiting list. Completed tenancy agreements and annual rental payments for 9 of the 10 allotments have been returned to the Clerk.

**Pavilion:** Cllr Golding confirmed that he has rehung the kitchen door to afford better access to the kitchen.

### **Public Participation Session:**

SCC Cllr Lindsay had issued his limited report on speed limits and Duke Meadow entrance. In SCC Cllr Lindsay's absence, there was nothing further to add.

District Cllr Maybury circulated her report that in advance of the meeting. In District Cllr Maybury's absence, there was nothing further to add.

District Cllr Arthey advised that Housing inspection figures continue to fall. Asbestos and carbon monoxide detector checks are all done. He added that earlier this month BMSDC Cabinet approved the Culture, Leisure and Visitor Economy Strategy.

The sale of Belle Vue House in Sudbury was also agreed. W/c 13.03.23 BMSDC published the Joint Local Plan (Part 1) Modifications document which is now out to consultation. W/c 20.03.23 he presented his final reports to Council which included the CIL Framework review and the Joint Local Planning Enforcement Plan.

District Cllr Arthey expressed thanks to Cockfield and stated it had been a pleasure to represent you for the last 20 years.

A resident raised strong concerns about the state of the Great Green, Grass Verges and Triangular Island, due to the damage caused by Contractor's vehicles and asked Cllrs to escalate the matter. Councillors explained that the PC have limited powers, but have already spoken twice to the Developer, raised formal complaints with both BMSDC Planning Enforcement team and SCC Highways, and spoken to Head of Enforcement, however, there has been limited progress to date. District Cllr Arthey explained that although BMSDC Enforcement have visited the site several times the Contractor has not breached any planning conditions. It was agreed by all parties that the mud and ruts were a safety hazard for vehicles and pedestrians and that the Clerk should write again to SCC Highways with photographic evidence to get them to address the problem.

A resident requested a Cllr(s) attend the virtual Planning Appeal Hearing on 10/05/23. The Clerk advised that the time and date of the Hearing would be published in GL and that he had posted the process for registering interest in attending the Hearing onto the Website.

**Planning Applications Received for BMSDC for consultation:**

**APP/D3505/W/22/3306364** Appeal by: Firstgrade Recycling Systems Limited: Planning Application - Erection of new workshop building with the existing access to the site from the A1141 upgraded. Land to The East of, Sudbury Road, Cockfield, Bury St Edmunds Suffolk IP30 0LN Appeal Start Date: 29/12/2022 Further to the appeal hearing that took place on 15 February 2023, a second day has been arranged to complete the proceedings which will be held on Thursday 9th March 2023 on MS Teams. Hearing abandoned by the Inspector for procedural reasons and will be reconvened on 10/05/23.

**DC/23/00920:** Application for a Lawful Development Certificate for an Existing Use, Operation or Activity including those in breach of a Planning Condition. Town and Country Planning Act 1990 (as amended) - Confirmation of commencement for 5no dwellings approved under DC/18/02911. Hope House, Cross Green, Cockfield, Bury St Edmunds Suffolk IP30 0LG. **The Parish Council has no comment on this Application, as it is a procedural issue for BMSDC to determine.**

**DC/23/01145:** Householder Application - Render to front and side elevations.: Hardwick View, Bury Road, Cockfield, Bury St Edmunds Suffolk IP30 0LB. **The Parish Council has no objections to this Application.**

**DC/23/00766:** Householder Application - Erection of detached garage with home office



over (following demolition of existing garage). Water Cottage, Cross Green, Cockfield, Bury St Edmunds Suffolk IP30 OLG. **The Parish Council Supports this Application**

**DC/23/00176:** Application for Outline Planning Permission (all matters reserved) Town and Country Planning Act 1990 (as amended) - Erection of 2No. Dwellings.: The Abbey Cottage, Windsor Green, Cockfield, Bury St Edmunds Suffolk IP30 OLY **The Parish Council Objects to this Application.**

**Planning Decisions Notified by BMSDC:**

**DC/22/06366:** Submission of Details (Reserved Matters in Part) and Discharge of Condition 6 (ground floor levels in Part) Condition 13 ( Highway Provision of Parking and Turning in Part), Condition 14 (Refuse Bins and Collection Areas in Part), Condition 15 (Screen Walls and Fences in Part) under Outline Planning Permission DC/21/03681 for the Access, Appearance, Landscaping, Layout and Scale of 1No. dwelling (Plot 23) 22 Old Stone Pit Way, (Land Adjacent To Mackenzie Place), Cockfield, Bury St Edmunds Suffolk IP30 OBW **(Decision: Reserved Matters have been Approved)**

**DC/23/00284:** Discharge of Conditions Application for DC/22/01835 - Conditions 3 (Materials) 4 (Brick and Flint Panelling) and 7 (Agreement of Levels): Plot 2, Bury Road, Cross Green, Cockfield Suffolk **(Decision: Reserved Matters have been Approved)**

**SALC Payscales (Clerks Salary):** It was agreed that the new SALC National Pay scales (effective from 01/04/23) agreed in November 2022 be adopted.

**Neighbourhood CIL Bus Stop Project:** The Clerk confirmed that the lease had been received and has been forwarded to BMSDC CIL Team, to enable them to issue a Funding Offer Letter to the Parish Council. Once received, the Clerk would submit a claim for the CIL payment. The Clerk is awaiting a final invoice from Orwell Housing Association. The Clerk was asked to write a Thank You Letter to Dawn Edwards, Orwell Housing Association.

**Playground Equipment:** It was agreed that the quotations from Action, Play & Leisure be accepted for:

A 3m long Picnic Table on a Gravel bed and artificial grass base

A 2.4m high Cone Climber, on 300mm woodchip base with geotextile membrane and timber edging

Councillors noted that this equipment being funded by Neighbourhood CIL payments

**Parish Charity Donations** (As allowed by Section 137) following correspondence from a number of organisations:

1. The Kernos Centre (£100),
2. SARS (£200) and
3. Sudbury Citizens Advice Bureau (£200).

**Pavilion Repairs- Balustrade:** The Clerk has requested an estimate from a local contractor to completely replace the balustrade at the Pavilion which would be funded from Neighbourhood CIL. The estimate will be submitted in advance of the April PC Meeting. An estimate is being requested from a second contractor.

**Pavilion repairs Shower Flooring:** Cllr Golding has made safe the raised floor in the away changing room showers and will ascertain whether one of the football team could replace the raised timber floor. The Parish Council would fund the cost of replacing the Altro Safety Flooring.

**Glebe Land:** It was confirmed that the hard standings and track had now been completed satisfactory.

**Cemetery:** Cllr Turner advised that to avoid complete replacement, he had treated the decaying entrance gate post with wood hardener which should preserve its life for a further 3-4 years.

**Village Hall Car Park:** It was understood school had terminated their maintenance contract, so their contractor has not undertaken any of the Carpark maintenance schedule for the PC. The Parish Council attempts to obtain alternative estimates had not proved successful, so a local contractor would be employed in the interim.

**Pavilion:** The Clerk has terminated the Klargester and Pumping Station Maintenance contract with the incumbent specialist as instructed such alternatives can be sought. Cllrs Golding and J Brinkley requested a letter from the PC confirming security of tenure for Cockfield FC, to enable them to submit an Expression of Interest in procuring a grant towards an Energy Survey and Energy Saving Improvement Works. The Clerk to draft a letter for Cllr Southgate to sign.

**Highways and Emergencies:** It was confirmed the Parish Council had requested Police Speed Checks and Number Plate Recognition at Great Green.

**King Charles Coronation:** Cllr Cutting-Keyton's report confirmed arrangements are in hand for the beacon lighting, that invites and application forms for Children's Goodie Bags had been delivered to all addresses in Cockfield, thanks to the help of David Simpson and his GL distributor team. Cllr Morley confirmed that he had planted the King Charles III Coronation Oak Tree on Great Green and commissioned a metal tree guard and ordered a commemorative plaque. A new 1.8m Iroko Coronation Bench had been delivered and a concrete base will be constructed for it at Great Green.

**Cockfield Litter Pick:** The Parish Council thanked R Williams & T Turner for providing litter picking equipment, Hodge Farms for hosting the event and the numerous volunteers for keeping Cockfield Clean.

**Cockfield Welcome Pack:** Cllr Cutting-Keyton's report advised that the 2023 Version of the Cockfield Welcome Pack is now available on the Website.

**Correspondence:**

Email 27/02/23 from Jeffreys Green resident complaining of cars speeding in excess of 40-mph and requesting a 30-mph limit. It was agreed that following a serious accident at Mill Corner the Parish Council should lobby SCC Highways, SCC Cabinet Member Cllr West and SCC Cllr Lindsay to review the speed limits in the area. Cllrs to attempt to arrange a site meeting.



## Norman Gregory Memorial Cycle Ride 8<sup>th</sup> July 2023

Norman Gregory's friends in Cockfield, Thorpe Morieux & District would like to remember our much loved icon by arranging a sponsored cycle ride in his memory.

The idea is to both commemorate Norman, the Cockfield Icon, as well as raise money for deserving causes.

The focal point will be St Peter's Church, Church Lane IP30 0LA and the start time will be 10am

Two routes will be planned and signposted, one of about 1 ½ hrs and one of about 2 ½ hrs,

Price: £5 per rider, under 16 free (when accompanied by an adult) including post ride refreshments.

All types of bikes and e-bikes are welcome. For more information please contact.

## TIPS AND TRICKS

Potatoes can be stored for some time, if kept in the right conditions.

Tips for Storing Potatoes.

**1. Store them in the dark.** The best place to store potatoes is in a dry, dark place, such as a kitchen cabinet or drawer, or an unheated basement. The ideal storage temperature is around 50 degrees Fahrenheit. You need good ventilation where there is no direct sunlight.

**2. Encourage proper ventilation.** Store your potatoes in a well-ventilated container that allows for airflow such as a paper bag, cardboard box, wire basket, or mesh bag. They will also keep at room temperature in a bowl on the countertop that is out of direct sunlight. Never store potatoes in a plastic bag or airtight container, because they will trap air and gas around the potatoes, encouraging them to spoil.

**3. Store them at room temperature.** Raw potatoes like coldish temperatures, but they should be stored at room temperature. Storing your potatoes in the refrigerator doesn't prolong their storage life, and the cold can turn your potatoes' starches into sugars, encouraging sprouting.

**4. Store them away from other veggies.** Certain fruits and vegetables like apples, bananas, and onions, produce ethylene gas which causes nearby produce to ripen faster. For long-term storage, keep potatoes away from these fruits and vegetables.

**5. Freeze your potatoes.** If you want to preserve your potatoes they can be cooked and stored for up to a year. However, you will need to peel and cook your potatoes before you do that. To freeze boiled potatoes, simply bring cut-up potatoes to a boil in a pot of water and cook them until they are nearly done. Drain your potatoes and submerge them in an ice bath to stop the cooking process. Pat them dry to remove any excess moisture. Lay your potatoes out in a single layer on a parchment paper-lined baking sheet and put them in the freezer. Once your potatoes are frozen solid, you can put them in a large freezer bag with as much air sucked out of it as possible.

## Recipes

If you are baking jacket potatoes try cooking them first in the microwave (prick them first) and finish them off for a few minutes in a hot oven before serving!

### Cheese, Leek and Potato tortilla

#### Ingredients

Butter for frying  
1 leek, thinly sliced  
225g potatoes, cooked and cooled (medium size ones)  
6 eggs  
85g cheddar  
1 tbsp sage, finely chopped or 1 tsp dried sage - optional

#### Method

Melt a knob of butter in a medium non-stick frying pan. Then cook the leek for about 5 mins until softened. Meanwhile, cut the potatoes in half, then into slices about 1½ cm thick. Beat the eggs, season, then stir in the cheese and sage.

Add a little extra butter to the pan if needed, tip in the potatoes, then the egg mixture. Turn the heat to low, then cook for 10 minutes until nearly set. Place under a hot grill. Cook for a couple of minutes more until the top is set and golden. Slice into wedges and serve with a green salad.



### Peppered Mackerel Fishcakes

#### Ingredients

300g cold mashed potato  
6 spring onions, thinly sliced  
1 tbsp horseradish sauce  
250g peppered mackerel fillets, skinned  
2tbsp plain flour  
1 beaten egg  
85g dried breadcrumbs  
Sunflower oil. For frying  
Salad and lemon wedges, to serve

#### Method

In a large bowl, mix together the potato, spring onions, horseradish and mackerel. Then shape into 8 even-sized cakes. Roll out the fishcakes in the flour, shaking off any excess, then dip in the egg, followed by the breadcrumbs. Cover and chill until ready to cook. Can be prepared up to a day ahead, or freeze.



Joan Ball

# Cockfield Community Council

## News

Saturday May 6th was the kings coronation. Residents were invited to picnic on Great Green from 4.30pm, and anyone not wanting to picnic to gather on Great Green at 6pm ready to light the beacon at 6.15pm. However, due to the very wet weather it was decided to cancel the event until Sunday May 7th, same time, same place. This turned out to be a very good move as the weather on Sunday was warmer and sunny, and thankfully meant Great Green was drier underfoot. With the beacon lit everyone raised a toast to our new King, Charles III. This was followed by some community singing, (the ideal opportunity for the new PA system to be tried out), the distribution of coronation gift bags for the children in the village and some background music to enjoy whilst people mingled. A big thank you goes out to everyone who gave up their time to be involved in the organisation of this event from both the parish council and Community Council.

Saturday May 27th - Monday May 29th Cockfield Art Show in the village hall. Daily from 10am - 4pm. Hand made refreshments will be available.

Saturday June 24th to celebrate the summer solstice why not join us for a guided walk around the village starting at 5pm followed by a summer social in the village hall where there will be a BBQ and Bar.

**NEWS IS SPREADING THAT COCKFIELD VILLAGE FETE IS BACK THIS SUMMER!**  
Make sure you have saved the date, Sunday July 16th. The fun starts at 12 midday on Great Green Cockfield and will carry on until 4pm. Don't forget to tell all your Family and friends as this is sure to be a great afternoon. In our raffle we have a fantastic top prize of a gliding lesson from Rattlesden gliding club along with many other fabulous prizes. You will be able to purchase your raffle tickets in advance in order to make sure you are in with a chance of winning one of these prizes. If it isn't possible to get your tickets in advance, don't worry as they will be on sale on the day at the fete. Have you been thinking about entertaining the produce show, don't forget there are several categories including home baking, home made preserves and wine and garden flowers. There will also be a selection of side stalls and activities, many being run by the various clubs and organisations that exist in the village. We will also be having a selection of arena events to watch. This really will be an event for all ages. Teas, cake, ice-cream, a BBQ and a licensed bar will all be available throughout the afternoon. For those that are feeling energetic we will be holding a

knockout rounders tournament, so gather your team, young or old, it doesn't matter if it's been a while since you last played, or you are a bit rusty on the rules, it's all meant to be FUN, FUN, FUN. why not start gathering your team and supporters together, no time like the present!. The trustees of the Community Council are really hoping that this is going to be a real community event, bring back memories of the past for residents that have lived in the village for a long time and an opportunity to meet new people for those residents that are new to the village. Anyone who would like to help on the day, your assistance would be gratefully received and you can register your interest with Barbara at the village post office.

Dig out your gingham ready for a barn dance in September date to be confirmed.

Another chance to win with family cash bingo on Friday October 13th in the village hall.

Test your knowledge with a quiz evening in November. Date to be confirmed.

Carols by candlelight to be held at the village church with a candlelight procession from the village hall car park to be held just before Christmas to get everyone in the festive spirit. Date to be confirmed.

Cinema screenings will continue on the evening of the 4th Friday of each month in the village hall. Note the **December screening will be on Friday December 15th.**

More details for each event will be advertised in Green Links, on village notice boards, on posters around the village and on the community broadcasts as the date gets closer.

If you would like to help out at events but not commit to being a trustee you can register on the helpers list by email - [communitycouncil@cockfield.org.uk](mailto:communitycouncil@cockfield.org.uk) or phone our secretary Janne on 01284828264

Community broadcasts can be received by visiting [www.cockfield.org.uk](http://www.cockfield.org.uk) and following the link in the footer of any page. The broadcasts provide general information for residents including reminders of upcoming events and any last minute changes.

**Buying Tickets for Cockfield Fete in advance.\***

**Please note that raffle tickets can be bought in advance from the following**

**Pauline Smslinsky. - 07921151111**

**Susan Metcalfe. - 07925867221**

**Barbara at the village post office.**

# COCKFIELD COMMUNITY COUNCIL

## COCKFIELD VILLAGE FAIR

SUNDAY 16 JULY 2023

### GROW IT, BAKE IT, EAT IT, DRINK IT!

Can you make a cheese straw? Can you make a cake? Can you arrange a vase of flowers?

We are having a fun village show at the summer fair in July, where you can put your baking, flower arranging, jam making or homemade wine and spirits skills to the test! Entry is open to everyone over the age of 12 for baking, and over the age of 16 for other classes, excluding wine and spirits which is for adults only.

The recipes are of your choice, so if you have a signature cheese straw or a speciality cake, why now have go at our fun competition. We have a panel of local experts lined up to judge. And the judge's decision is final.

Please tick which you would like to enter, entry is £1.00 per class.

|  |  |
|--|--|
| <b>Class: Adults and Children over 12 (for baking)</b> |  |
| Vase of Flowers (no more than 45cm high inc. vase)     |  |
| Cake of your choice                                    |  |
| 5 Cheese Straws  |  |
| Jar of homemade preserve                               |  |
| Homemade wine, sloe gin, etc.                          |  |
| <b>Class: Children (11 and under)</b>                  |  |
| 3 hand decorated biscuits                              |  |

Registration fees must be paid in full, registration from 11.30am until 12.30pm on the day of the fair. Payment in cash please.

**Rosette awarded for 1st, 2nd, and 3rd in each class and a special prize for the winning children's entry.**

### FUN KNOCKOUT ROUNDERS!

Why not join our friendly rounders knockout competition, players of all ages and abilities are welcome to put together a team of 9 players (however, if you are short of players we can put you with others to make up a complete team), play starts at 12.15pm and will be played throughout the afternoon, the schedule will be given to you on arrival.

Email Ivan Green on [ivanjgreen@yahoo.co.uk](mailto:ivanjgreen@yahoo.co.uk) with your name, team name and contact number, letting us know if you have a full team of 9 or if you would like to be added to another team.

**We are always looking for people to help at our events, if you would like to do so please let us know. By calling Nikki Meekings on 07881626860**

#### OTHER EVENTS THE DAY

**DOG SHOW | COCONUT SHY | WELLY WANGING | BOWLING | STALLS | BBQ | BEER TENT**



*It's back!*

# COCKFIELD VILLAGE FAIR

Sunday 16th July  
12pm to 4pm

GREAT GREEN, COCKFIELD, IP30 OHQ

FREE ENTRY

JOIN US FOR LOTS OF FUN!

- bouncy castle • tug 'o' war • childrens games •
- dog show • live entertainment •
- craft stalls • plants • tea & cakes •
- BBQ • beer tent •
- and much much more!

Presented by Cockfield Community

# Beauty by Megan

Megan is a Beauty Therapist with over 18 years' experience.  
I work from my log cabin in Hitcham.

In a peaceful, rural location and benefits from off-road parking! Treatments are by appointment only. Therefore you are guaranteed complete privacy and your treatment time is exclusively for you.

### **A variety of treatments include:**

Dermologica facials/Spray tanning/Waxing/Eye treatments/Jessica manicures & pedicures/Jessica Gel Nails/Foot health maintenance (nail trimming & hard skin removal)  
LVL Eyelash perming/Reflexology

Please phone for any enquiries or for a full price list.

**Megan Pryke** VTCT, BABTAC

**07876 717 008**

# Dance Fitness

*Lose yourself in the  
music find yourself in  
shape!*

Julie Goodsman  
Tele: 07815497952  
Email:  
jgoodsman@btinternet.com  
Classes held every  
Wednesday 7-8pm  
Cockfield Village Hall  
Church Lane, Cockfield  
Bury St Edmunds  
IP30 0HA  
£5.00  
Ages 16 & over!



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- \* Hedge Cutting
- \* Chipping
- \* Firewood
- \* Garden & Site Clearance
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# Children's Page June 2023

Well summer is nearly here and so are the summer holidays , when I was a child the holidays always went far too quickly and I expect that is still as true today as it was then. Some things you could do in the holidays may need some planning so I am making suggestions this month.

## **Go on a Treasure Hunt (maybe a good one for Grandma)**

Each child has an allotted amount of money, say £4 then go to the local charity shops and search for “treasures” with your money.

Remember when you get bored of the items you got you can return the items to the charity shops and start again.

## **Have an Outdoor Movie Night**

Summer is the perfect time for staying up late and have a movie night outdoors, complete with fun food and fairy lights, of course!

It has to be a dry night but take the TV outdoors or turn it so it can be seen from outside and play a favourite film.

Break out the inflatable mattresses and beanbags or cushions - enjoy

## **Cooking**

Baking cupcakes is a great activity that will help while away the afternoon when it's raining outside even better when you have a theme for the decorations.

## **Don't Forget About the Library**

Our local library is in Lavenham or there is one in Sudbury and Bury St Edmunds I expect they will all be running a Summer Reading Challenge, it will be free and there may be a certificate at the end.





## Advice for Dog Walkers in the Countryside

Police are encouraging dog walkers to act responsibly whilst out with their dogs, particularly when around livestock.

If livestock are being worried by dogs it is a criminal offence. Dog owners have a responsibility to ensure that their animals are kept under control and whilst it is appreciated that the vast majority do so, there are a few that are still not getting the message.

Dog owners also need to recognise that a dog's actions reflect on the owner and a lack of control is neglect, and the consequences of neglect is a potential ban on keeping dogs/animals in future, and may result in the handler getting a criminal record.

Sgt Brian Calver of the Rural and Wildlife Crime Team said: "It's the time of year in the countryside where cattle are turned out onto the pastures for the summer. Many of these fields have footpaths going through them. It's against the law to have a dairy bull in a field with a footpath but beef breeds are allowed, with cows.

"The greatest risk is from cows with calves. People must understand that their loving pooch is a natural predator in the eyes of livestock. When cows have very small calves, they'll sometimes leave them hidden against tree lines or in long grass. If this is not known and somebody is walking towards it, the risks are increased hugely, as the cows natural instinct is to protect it's young. All in all, common sense must prevail, with mutual consideration shown for those using the countryside for leisure and those that are trying to earn a living."

In order to avoid these situations arising, police would urge the public to take extra care when out and about and always ensure your dog is secured on a lead whenever you're near livestock.

Stick to the path and keep your dog on a lead.

If the cattle are on the path, by all means deviate but consider ensuring you have an escape route.

If chased, let your dog go as that's generally what the cattle are after and the dog can run away a lot quicker than you.

Before entering the field, carry out a dynamic risk assessment and if in doubt, choose another route.

Farmers are advised to consider creating permissible rights of way during the time the cattle are in the field and ensure clear signage is put up. If some herds are known to be of greater risk, consider creating safe areas for the public to walk through with extra fencing.

## VILLAGE FOOTPATHS

As the spring weather warms up and we have more sunny days more people will no doubt be out enjoying a walk on one of the many footpaths in the village. If you spot a problem with a footbridge, or a missing or damaged finger post sign please let me know by sending an email to [footpaths@cockfield.org.uk](mailto:footpaths@cockfield.org.uk)

In the past couple of years I have recorded a few footbridge issues on the Suffolk County Council Public Rights of Way online reporting tool (which anyone can use). Whilst the timescales for any remedial action can vary, if I become aware of any problems I will follow these up, particularly in the case of a footbridge that might be unsafe. I am currently compiling a list of missing and damaged footpath signs and will report these in due course.

It is also the time of year to ask all footpath users to observe the Countryside Code and please keep dogs under control to prevent disturbing ground and hedge nesting birds and other wildlife, such as hares; also to avoid damaging farmer's crops. Hearing and seeing skylarks is one of the great pleasures of walking our footpaths and their ground nests are particularly vulnerable to disturbance. Your co-operation during the spring and early summer seasons is appreciated. Please also take bagged dog mess and any other litter home with you - thank you.

For any new residents in the village you can find a copy of the footpath map in the Welcome Pack on the Cockfield website.

Enjoy your walking in the beautiful Cockfield countryside.

Mark Webster, Footpath Warden  
On behalf of Cockfield Parish Council

Dear Friends,

I hope that you enjoyed the extended weekend for the Coronation. I certainly enjoyed watching both the service in the Abbey and the spectacle of the parades back to Buckingham Palace after it was all over.

The Coronation service itself was deeply Christian, as you would expect for a King who is the Head of the Church of England. But there were many who criticised this - and the fact that it was the Church of England which dominated the ceremony. I can quite understand this, as we live in a society of people with many different faiths - and none. Under half of the population now declare themselves to be 'Christian'.

Despite this my own experience in working with people across the communities that I serve as Rector and Rural Dean is that there is a spiritual hunger in many. We are living in a time of deep anxiety and people are looking for different ways to deal with their feelings and emotions as we face crisis after crisis. I often receive telephone calls, and visits, from people in the community who are not churchgoers, but need someone to talk to as no-one else seems to have the time to sit and listen to them.

I believe that the Church of England exists for everybody, whether they go to church or not. Of course I would love everyone to have a faith in God, and to attend their local Anglican church, but I know that at present many people either don't believe in the God that I and many others believe in, or they have been put off from being in church for whatever reason in the past.

As we remember Jesus ascending to be with the Father after his resurrection this week, I will be keeping in my prayers all those who are not yet believers, and need his healing touch.

with every blessing

*Sharon*

Rev Canon Sharon Potter  
revsharon2@gmail.com, tel: 01284 828599 or 07825086063



## Cockfield Benefice Services & Events

### June 2023

|                                 |   |
|---------------------------------|---|
| Sunday 4 June<br>Trinity Sunday | 9.30am Communion CW - Stanningfield             |
|                                 | 10am Morning Prayer CW - Cockfield              |
|                                 | 11am Communion CW - Bradfield St Clare          |
|                                 | 6pm Celtic-style Communion - Felsham            |
| Sunday 11 June<br>Trinity 1     | 9.30am Communion BCP - Cockfield                |
|                                 | 11am Communion CW - Bradfield St George         |
|                                 | 6pm Praise & Worship - Gt Wheltenham            |
| Sunday 18 June<br>Trinity 2     | 9.30am Morning Prayer CW - Stanningfield        |
|                                 | 10am All-age Worship - Felsham                  |
|                                 | 10.30am Communion CW - Cockfield                |
|                                 | 6pm Taizé-style service - Bradfield St Clare    |
| Sunday 25 June<br>Trinity 3     | 9.30am Communion CW - Gt Wheltenham             |
|                                 | 10am Worshipping Together - Bradfield St George |
|                                 | 10am Communion BCP - Gedding                    |

*Please note these services may be subject to change – for up-to-date service times see the benefice website at [www.cockfieldbenefice.com](http://www.cockfieldbenefice.com)*

A service of Celtic Morning Prayer is held every Tuesday at Cockfield at 9am and at Stanningfield every Thursday at 9am.  
A prayer group meets every Wednesday at 2pm via zoom.

For more details contact Canon Sharon Potter [revsharon2@gmail.com](mailto:revsharon2@gmail.com)

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## Thorpe Morieux and District Gardening Club - April Meeting

Our meeting on Monday April 17th was 'Getting to Grips with Pruning' and our speaker was Nigel Start. There were 27 members present.

Nigel gave a PowerPoint presentation on how to gain confidence in cutting and shaping shrubs and trees, when to prune after flowering, and how to control the shape and size. This was followed by questions from the audience. Nigel then judged our monthly competition which was a 'Spring Botanic Arrangement from your Garden in a Teacup'. Our winner was Rosie Swiney.

We all thoroughly enjoyed our evening and felt we learned a lot.

Our next meeting will be held on Monday May 15th, and will be a visit to a beautiful garden in Wetherden. We also have our annual plant sale coming up on Saturday May 27th at Thorpe Morieux Village Hall - 10am to 11.30 am. Please come along and support us if you can

We would love to welcome new members and visitors to Club meetings which are held on the third Monday of every month starting at 7pm, at Thorpe Morieux Village Hall

**Patricia Everitt**  
**Press Officer**



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# Advice Column



**I've just had my bathroom retiled, but I'm not happy with the work. At first, things seemed to be going well, but then the tradesperson left to do another job and I had to chase them for updates. They did eventually come back and finish the job, but the work was pretty rough around the edges. They also left all the old tiles and plaster for me to dispose of, which I wasn't expecting. I've now got the invoice, but I don't think the price reflects the work done or the service I got. Can I challenge this?**

It's always frustrating when you run into problems with home improvements.

You mention that the job looked "rough round the edges", if this is to a degree you could consider the job unfinished or unsafe, you should be able to get the tiler to come back to fix it. You could also suggest removing the old tiles might be considered as part of finishing the job.

If the tiler considers the work complete, it's worth knowing you're protected by the Consumer Rights Act 2015, which says the tiler should have completed the work with 'reasonable care and skill'. If they haven't done this, they've broken the law. The Act means you're legally entitled to ask the tiler to fix the problem (if they provided the tiles as well as the service) or get money refunded (if they just provided the service and you bought the tiles). They should fix the problem or refund you in a reasonable amount of time, without causing too much inconvenience. As you've received the invoice for the work but not paid yet, now would be a good time to ask them to fix the issue or you can negotiate a lower price for the work.

Let the tiler know you understand what you're entitled to. Speak to them in person, or contact them in writing/over email, there are template letters on the Citizens Advice website, [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk), either way make sure you have a written copy of anything agreed. Before you contact them, it's a good idea to take photographs to use as evidence of the problem.

Make notes about what happened, including dates and times. You should also gather any paperwork and receipts - was there any prior written agreement about who would dispose of the old tiles? Was the final cost in line with estimates or quotes given to you at the outset of the work. If not, there is advice on the Citizens Advice website about steps you can take.

If you're struggling to come to an agreement with the tiler, there are other steps you can take to solve your problem these include using 'alternative dispute resolution', which is a way of solving disagreements without going to court. There are full details about how to do this on the Citizens Advice website.

For information and advice on this or anything else, visit [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) or call 01787 321400 and leave a message Alternatively, contact us via email at [advice@sudburycab.org.uk](mailto:advice@sudburycab.org.uk) or by using the contact facility on our website, <https://www.sudburycab.org.uk/contact>

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As a volunteer for the home library service, I have the privilege of bringing the joys of reading to individuals who are unable to visit their local library due to illness, disability or mobility issues. They can access a vast array of books, magazines and other resources available at the library from the comfort of their own home. It can help them stay engaged and connected with the world around them.

In addition to providing access to books and other resources, home library service can also offer social and emotional benefits. For many individuals, the library is a social hub where they can connect with others and participate in community events. With HLS, individuals who may be isolated or lonely can still feel connected to their community by connecting with the library staff. My role involves selecting and delivering books, audio books and other library materials to its customers on a regular basis. With the support from the library manager, I help the HLS customers select books based on their interests and preferences.

I have been volunteering since 2020 and it has been quite an enriching experience. I get to meet people from different walks of life, share experiences and life stories. In my own personal journey, I believe I have benefited considerably ever since I started. Each visit comes with its own story that leaves a positive impact. It gives me a moment to pause and reflect aiding towards my own personal growth.

Through my work as an HLS volunteer, I am making a positive difference in the lives of those who may feel isolated and disconnected from their community. By sharing my love of books and reading, I am providing an important service that can have a lasting impact on the well-being and happiness of those I serve. I feel privileged to be part of this program and look forward to continuing to support the library and its patrons.



Zeeshan  
HLS Volunteer, Lavenham Library

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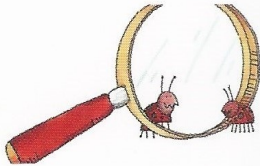
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## Congregational Church Corner

For some time now, astronomers have been watching a star in the constellation of Orien called Betelgeuse. This red giant has been behaving in an unusual manner - hence the interest - as it is believed to be in the last stages of its life, which will end in a vast explosion called a supernova. When this happens, even though this star is millions of light years away from earth, this pyrotechnic display will illuminate the night sky, and also be visible during daylight hours.

Watching a recent TV programme about this eagerly awaited event, the commentator said that Betelgeuse is believed to be a "runaway star" from Orien's Belt - the band of stars running along the central section of the constellation - but he gave no explanation of why this is or what caused it. Well, as with so many other things, the Bible may offer an explanation; because in that ancient book of the Old Testament, where God is contending with Job, and gently explaining to him His power over humanity and nature, He asks him the rhetorical question of whether or not he (Job) can "loosen Orien's Belt" (Job 38:31); to which, of course, Job answers in the negative (Job 40:4). No one on earth could do so, nor manipulate any of the stars in this way; Not even the collected scientific ingenuity of the whole of mankind could do so. But God can and may have done so in the case of Betelgeuse.

God has created all things that exist, including all of the stars and galaxies spread throughout the entire universe (Colossians 1:16); this demonstrates His awesome power over nature, and so as Isaac Watts put it: "I sing the mighty power of God, that made the mountains rise; that spread the flowing seas abroad, and built the lofty skies. I sing the wisdom that ordained the sun to rule the day; the moon shines full at His command, and all the stars obey".

This hymn proclaiming, as it does, the truth about the power of God, should give us great comfort in this ever changing world; because we can be assured that whatever happens, God remains in control, and He who holds the whole world in His hands holds us as well; for, as Isaac Watts further assures us: "There's not a plant or flower below, but makes Thy glories known, and clouds arise, and tempests blow, by order from Thy throne; while all that borrows life from Thee is ever in Thy care." And that is a promise.

William Attwood



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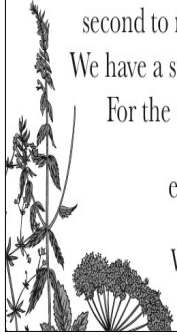
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Bookings by appointment only



# Announcements

## St Peter's Plants, Books and Bicycle Stall

St Peter's Plants, Books and Bicycle stall will open again this spring at Northside Howe Lane. If anyone in the village has a once loved bicycle loitering at the back of a shed that would like a new home, please donate it to St Peter's Church.

Donations will be gratefully received at Northside.

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# Cockfield Contacts

March 2023 Web

|                                       |                           |  |
|---------------------------------------|---------------------------|--|
| CATEY Pre-School                      | Mary Tolhurst             | <a href="mailto:catey@cockfield.org.uk">catey@cockfield.org.uk</a>                         |
| Cockfield Carpet Bowls Club           | June Pettit               | <a href="mailto:carpet.bowls@cockfield.org.uk">carpet.bowls@cockfield.org.uk</a>           |
| Cockfield Cemetery                    | Ralph Turner              | 828201   |
| Cockfield Charties                    | Tony Box                  | <a href="mailto:charities@cockfield.org.uk">charities@cockfield.org.uk</a>                 |
| Cockfield Football Club               | Joe Brinkley              | <a href="mailto:football@cockfield.org.uk">football@cockfield.org.uk</a>                   |
| Cockfield Netball Club                | Lindsee Summers           | <a href="mailto:netball@cockfield.org.uk">netball@cockfield.org.uk</a>                     |
| Cockfield Post Office                 | Barbara Turner            | 01284 828201   |
| Cockfield Primary School              | Trudie Harkin Headteacher | <a href="mailto:admin@cockfield.suffolk.sch.uk">admin@cockfield.suffolk.sch.uk</a>         |
| Community Council Secretary           | Janne Cutting-Keyton      | <a href="mailto:community.council@cockfield.org.uk">community.council@cockfield.org.uk</a> |
| Computer Circle, e-news               | Neil Ashton               | <a href="mailto:computer.circle@cockfield.org.uk">computer.circle@cockfield.org.uk</a>     |
| County Council - Local Member         | Robert Lindsay            | 07738 264087   |
|                                       |                           | <a href="mailto:robert.lindsay@suffolk.gov.uk">robert.lindsay@suffolk.gov.uk</a>           |
| Dentist                               | Lavenham Dental Practice  | 01787 247058   |
|                                       | Paul Rolph & Associates   | 01787 247046   |
| District Council                      | Babergh offices           | 0300 1234000   |
| Local Member                          | Clive Arthey              | 01787 211316   |
|                                       |                           | <a href="mailto:clive.arthey@babergh.gov.uk">clive.arthey@babergh.gov.uk</a>               |
| Local Member                          | Margaret Maybury          | 01787 464358   |
|                                       |                           | <a href="mailto:Margaret.Maybury@babergh.gov.uk">Margaret.Maybury@babergh.gov.uk</a>       |
| Doctors                               | Long Melford Practice     | 01787 378226   |
| Earls Meador/Bruffs Line              | Rodney Williams           | <a href="mailto:earls.meadow@cockfield.org.uk">earls.meadow@cockfield.org.uk</a>           |
| Footpath Warden                       | Mark Webster              | <a href="mailto:footpaths@cockfield.org.uk">footpaths@cockfield.org.uk</a>                 |
| Friends of Cockfield School FOCSA     | Mark Aston                | <a href="mailto:fosca@cockfield.org.uk">fosca@cockfield.org.uk</a>                         |
| Green Links - Village Magazine        | Janne Cutting-Keyton      | <a href="mailto:green.links@cockfield.org.uk">green.links@cockfield.org.uk</a>             |
| Parish Council Clerk                  | Steve Ball                | <a href="mailto:parish.council@cockfield.org.uk">parish.council@cockfield.org.uk</a>       |
| Pavilion Administrator (C.C. Council) | Andy Golding              | <a href="mailto:pavilion@cockfield.org.uk">pavilion@cockfield.org.uk</a>                   |
| Pharmacy                              | The Lavenham Pharmacy     | 01787 247284   |
| St. Peters Church                     | Rev. Sharon Potter        | 01284 828599   |
| Church Wardens                        | Norman Kelly/David Smith  | <a href="mailto:church.warden@cockfield.org.uk">church.warden@cockfield.org.uk</a>         |
| Village Hall - Bookings               | June Pettit               | <a href="mailto:village.hall@cockfield.org.uk">village.hall@cockfield.org.uk</a>           |
| Secretary                             | Vera Shepherd             | <a href="mailto:village.hall@cockfield.org.uk">village.hall@cockfield.org.uk</a>           |
| Village Recorder                      | Brenda Dyer               | <a href="mailto:recorder@cockfield.org.uk">recorder@cockfield.org.uk</a>                   |
| Women's Institute Secretary           | Suzanne Veal              | <a href="mailto:wii@cockfield.org.uk">wii@cockfield.org.uk</a>                             |

*Summer Solstice Walk*  
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 Start at 5pm from the Village Hall

Finish with a Bar and BBQ  
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## 2023

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