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INSPIRING WOMEN

Bazaar Sale



Saturday 9th

September

10.00 - 1.00pm

**Come and join us in
Cockfield Village Hall**

Refreshments Available

Green Links Copy Deadline!

Please note all copy for the October issue must be
with me by 15th September please

Janne Cutting-Keyton, Newholme, Smithwood Green,
Cockfield. IP30 0JQ
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Green Links



The Monthly Village Magazine of Cockfield
Edition 4– No 196 September 2023

Chairman and Distribution
Editor
Secretary
Advertising Manager

David Simpson
Janne Cutting-Keyton
Morag Kelly
Sue Harrison

The main harvest is finally gathered in and the children returned to school at the start of the month, Cockfield can now resume its usual rhythm.

As school opened we welcomed the new Headteacher, Marc Gilbert, who says, in his introduction on page 34, that he is looking forward to meeting everyone over the coming weeks.

I am sure there are people in the village, new and old, who have never been inside our Village Hall, following the recent reroofing it was decorated over the summer and really looks lovely, it will be having an open morning in October or November so please keep an eye out in next months Green Links for details.

There are lots of events planned in the Village for the autumn, I do hope you will support some of them, I am sure a warm welcome will await you at them all, and hopefully we will have the opportunity to meet Marc at some of them too.

Fifty years ago the Community came together to raise the money to build the Village Hall jointly with Suffolk County Council, the Village and the School have benefitted from the use of a first class asset for half a century. Today the community and the school continue to share the village hall which remains at the heart of the Village.

Janne

www.cockfield.org.uk

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The Cockfield Village Shop and Post Office

The time has come...at the end of October 2023 Ralph and Barbara are embarking on a well-earned retirement.

To ensure that we do not lose this essential aspect of our village, The Cockfield Village Group are spearheading a plan to run the shop as a community shop. This has been done successfully in Rattlesden and more recently in Felsham and we are confident Cockfield will be as successful. As with any Community project, what we are going to need in abundance is VOLUNTEERS!!

Particularly urgent is person/s who are willing to learn how to operate the Post Office. It is highly unlikely that we will be able to offer the present hours but it would be a great shame if we had to close the Post Office service. If you think this might be of interest to you, either talk to Barbara or ring Sarah for more details.

Even the smallest time commitment is of huge value and will be very much appreciated by all in the village.

If you are prepared to put in some time behind the counter or have other skills to offer please fill in a form with the details.

Ralph and Barbara are, very generously, allowing us to operate from the present premises until such time as we can secure alternative premises. So apart from Ralph and Barbara's cheery faces you will hardly notice the change.

Do not underestimate your ability to be useful! You will receive training /guidance for any job you take on

Please scan this QR code to access the volunteer application e-form



The e-form can be accessed on-line at bit.ly/cockfieldshop Paper copies of the form will be available at the post office or you can ring Sarah on 01284 828 785

? Cockfield Community Presents
18 November 2023 ?

QUIZ
NIGHT

At the Village Hall

Tickets only £10
including supper

? Entry forms at Cockfield shop

Doors Open 7.00 for 7.30pm

Cockfield Parish Council



Minutes of the Meeting of the Parish Council held on 29 June 2023 at 7.00pm held in the Village Hall, Cockfield.

Present: Cllr Ian Levett, Chairman, Cllr Janne Cutting-Keyton, Cllr Dale Baber, Cllr Joe Brinkley, Cllr Sarah Fletcher, Cllr Andy Golding, Cllr Nic Knight, Cllr Robin Morley & Cllr Ralph Turner.

In Attendance: District Cllr Margaret Maybury, District Cllr Paul Clover, 12 Members of the Public and the Clerk, S Ball.

2023/052 Apologies for Absence: Suffolk County Cllr Robert Lindsay.

2023/053 Declarations of Interest

Cllrs Levett and Cutting-Keyton declared a non-pecuniary Interest in Agenda Item 4 - VH Car Park Maintenance. Cllrs Morley & Cutting-Keyton declared a pecuniary Interest in Agenda Item 7.2 – Payments (as recipients of reimbursements). Cllr Brinkley declared a non-pecuniary interest in Agenda Item 7.3 Pavilion Changing Room Showers Flooring.

2023/054 Minutes of the Last Parish Council Meeting

It was proposed by Cllr Cutting-Keyton and seconded by Cllr Baber that the draft minutes of the Annual Parish Council Meeting, held on 25 May 2023, be signed as a true record. The proposal was carried.

2023/055 Outstanding Actions:

2021/189: BMSDC Public Realm Land: SCC Solicitors have commenced the legal process to recover land on the corner of Dukes Meadow.

The Chairman to write a letter of complaint to BMSDC highlighting BMSDC's responsibility for any future accidents at this junction if a satisfactory conclusion is not achieved.

2021/194: Local Needs Housing: The Clerk has re-submitted the Application for 'Granting of a new right of common and application for registration of a right in the commons register' (after SCC had misplaced the original) and has chased SCC Legal on 22nd & 26th June but has received no update on when approval will be given.

2021/195.2: Highways & Emergencies: Cllr Morley is awaiting a costed proposal from for foot-path on their land down Howe Lane. **(Action: Remove from outstanding actions at future meetings).**

2022/092.2.5: Playground: Cllr Golding confirmed that he had filled the hollows under the slides of the multi-activity centres but this was likely to need further work later in the year. **(Action: Closed)**

2022/173.1: Damage to Great Green & Grass Verges: The Clerk has posted a report on the SCC Highways website and the problem has been included on the SCC Highways Inspection Schedule and closed out on their website. **(Action: Closed)**

2022/175.4: VH Car Park Maintenance: Cllr Cutting-Keyton advised that the scaffolding was coming down on 8th July which would allow the work to be undertaken. Due to contractor illness, the Clerk was asked to discuss requirements with an alternative Contractor.

2022/176.1: Bus Stop Project: The Clerk issued a Letter of Thanks to Dawn Edwards, Orwell Housing Association, and received an acknowledgement. **(Action: Closed)**

2022/176.2: Play Equipment: The Clerk and Cllr Morley met with APL on 29th June to negotiate on the quotation received for additional equipment and undertake an inspection and possible rectification of the Zip-Wire seat. Order instructed and equipment to be installed during the school holidays. **(Action: Closed)**

2022/178: Pavilion Bandstand: The Clerk had received a verbal quotation for the replacement

handrail, but a written quotation, scope of works and drawings are outstanding.

2022/184.1: Reduced Speed Limits: The Clerk to prepare the Parish Council's argument for submission to SC Cllrs Robert Lindsay and Paul West, Cabinet Member for Highways, seeking a meeting on site to discuss proposals.

2023/007.1: Parish Council Investments: The Clerk confirmed advice from SALC that Parish Councils may hold funds in Investment Accounts. Further investigations required. Further investigation required.

2023/010: King Charles III Coronation Event: The Clerk has written a Thank You Letter to Nethergate for their donation of Beer for the event. **(Action: Closed)**

2023/011.9: Other Assets: Cllr Morley confirmed that S Shepherd & Son had cut the verges in May. **(Action Closed)** The Clerk advised that the scheduled 19th June SCC cut of the Verges was delayed and was now promised for week commencing 3rd July. Cllrs agreed that if SCC contractors fail to meet this schedule, then Cllr Morley should ask Shepherd and Son to undertake a 2nd cut.

2023/033.3: Insurance Renewal: The Clerk confirmed that the Insurance had been renewed for 2023/24 and the 3-year fixed option accepted. **(Action: Closed)**

2023/036.2.8: Pavilion: The Pavilion & Greens Working Group to produce a Maintenance Schedule for the Pavilion & Shed.

2020/038.2: Highways and Emergencies: The Clerk has complained to SCC Highways Customer Services Team about the inappropriate signage used for recent diversion routes. SCC Cllr Lindsay has escalated the complaint within SCC.

2023/056 Public Participation Session:

2023/056.1 Suffolk County Councillor's Report:

SCC Cllr Lindsay circulated his report in advance of the meeting. In Cllr Lindsay's absence, there was no further comment.

2023/056.2 Babergh District Councillor's Report:

District Cllr Maybury advised that BMSDC had not convened its first Cabinet meeting yet, which was delaying agreement of any action. BMSDC were still determining when and who will remove the fly tipping behind Crowbrook Place. District Cllr Clover advised that the BMSDC Cabinet was now made up of a coalition, which didn't include any Conservatives.

2023/056.3 Public Comment

None other than Planning, which Cllr Levett agreed to take under the relevant Agenda item. Public comments received under Agenda Item 2023/057, were both in favour and against Planning Application DC/23/02056.

2023/057 Planning:

2023/057.1 Working Principles for the Planning Working Group at Parish Council Meetings:

It was proposed by Cllr Cutting-Keyton and seconded by Cllr Fletcher that the Proposed Working Principles for the Planning Working Group at Parish Council Meetings circulated to Cllrs in advance of the meeting be Adopted. The proposal was carried.

2023/057.2 Applications Received: It was noted that the following applications had been referred to the Parish Council:

DC/23/02056: Full Planning Application - Change of use of agricultural building to light industrial (Class E): Parsonage Green Farm, Parsonage Green, Cockfield, Bury St Edmunds Suffolk IP30 0HB. **The Parish Council Objects to the Application.**

DC/23/01885: Application for Listed Building Consent - Repair of windows and external woodwork as detailed in the Heritage Statement: Stows Hill House, Stows Hill, Cockfield, Bury St Edmunds Suffolk IP30 0JB. **The Parish Council Supports this Application.**

2023/057.3 Decisions Received: It was noted that the following Decisions had been received by

the Parish Council:

DC/23/01432: Submission of Details (Reserved Matters) for Outline Planning Permission DC/21/02648 - Appearance, Landscaping, Layout and Scale to be considered for 1no dwelling 8 Mackenzie Place, Cockfield, IP30 0HY. **(Decision: Reserved Matters have been Approved).**

DC/23/01546: Householder Application - Conversion of garage into office. 11 Mortimer Road, Cockfield, Bury St Edmunds, Suffolk IP30 0JZ. **(Decision: Planning Permission has been Granted)**

DC/23/00176: Application for Outline Planning Permission (all matters reserved) Town and Country Planning Act 1990 (as amended) - Erection of 2 No. Dwellings. The Abbey Cottage, Windsor Green, Cockfield, Bury St Edmunds Suffolk IP30 0LY. **(Decision: Outline Planning Permission has been Refused)**

DC/23/01266: Discharge of Conditions Application for DC/22/04804 - Conditions 3 (Facing and Roofing Materials), 4 (Eaves and Verges), 5 (Sectional Drawings), 6 (Rainwater Goods), 7 (External Ventilation), 8 (Windows and Doors), 9 (Handrail and Ramps) and 10 (Oil Tank Screening): Water End Cottage, Cross Green, Cockfield, Bury St Edmunds Suffolk IP30 0LG. **(Decision: Conditions Approved)**

DC/23/01777: Householder Application - Erection of single-storey rear extension and detached outbuilding Longwool Lodge, Bury Road, Cockfield, Bury St Edmunds Suffolk IP30 0LB. **(Decision: Planning Permission has been Granted)**

DC/23/01758: Discharge of Conditions Application for DC/21/02296 - Condition 6 (Fencing Around SUDS); Condition 7 (Life Belts); and Condition 8 (Parking Prevention Measures): Land to The West of Plough And Fleece Inn, Great Green, Cockfield, Suffolk **(Decision: Conditions Approved)**

DC/22/02540: Application for approval of Reserved Matters and Conditions 4, 5, 6 and 7 following Outline Planning Permission DC/18/03048 and subsequent allowed at appeal APP/D3505/W/18/3213481 Town and Country Planning 2015 - Submission of Details for Appearance, Landscaping, Layout and Scale for the erection of 5No dwellings. Plough And Fleece Inn, Great Green, Cockfield, Bury St Edmunds Suffolk IP30 0HJ **(Decision: Reserved Matters have been Approved).**

DC/23/02152: Discharge of Conditions Application For DC/20/02670 - Conditions 3 (Starwood Cottage Wall) and 8 (Parking and Manoeuvring) Location: Lane End, COCKFIELD PARISH COUNCIL 4 Colchester Green, Cockfield, Bury St Edmunds

Suffolk IP30 0HG **(Decision: Reserved Matters have been Approved).**

2023/058 Finance:

058.1: Payments: It was proposed by Cllr Knight and seconded by Cllr Golding that the schedule of payments be approved. The proposal was carried. The 29th June 2023 schedule.

058.2: Pavilion Changing Room Shower Floor:

It was proposed by Cllr Morley and seconded by Cllr Baber that the quotation from Kevin Gray (Keys Floors) for £853.16 be accepted to lay latex levelling screed to form new gradients, Altro Aquarius Vinyl Flooring be laid to shower floors and upstands, including all welded joints and drainage outlets. The proposal was carried.

058.3: Disposal of leftover items from King Charles III Coronation Event:

It was proposed by Cllr Cutting-Keyton and seconded by Cllr Brinkley that the following items be donated to the following organisations:

058.3.1: Flags to the Community Council,

058.3.2: Glasses & Cordials to the WI for use at the Village Fair, with leftovers to the Community Council,

058.3.3: Mugs, Crisps, one Bottle Red Wine, 5 Bottles White Wine and 5 Cans Lager to the Community Council for the Village Fair,

058.3.4: 2 No. Mugs to Mr & Mrs Hodge. The Proposal was carried.

058.4: CATEY Pre-School:

It was proposed by Cllr Levett and seconded by Cllr Turner that the Parish Council make a Section 137 Donation of £363.13 to CATY Pre-School to replace their fluorescent lighting with LED lighting, to support an initiative to reduce their ongoing electricity costs. The proposal was carried.

2023/059 Financial Governance – AGAR:

059.1: The review of the Parish Council’s systems of internal control in accordance with the Accounts & Audit Regulations 2015 was undertaken. It was proposed by Cllr Levett and seconded by Cllr Morley that Section 1 of the Annual Return - ‘Annual Governance Statement 2022/23’ for Cockfield Parish Council be Approved. The proposal was carried, and the Annual Governance Statement signed by the Chairman and Clerk at the meeting. The Clerk posted the document on the Parish Council page of the website.

059.2: It was proposed by Cllr Cutting-Keyton and seconded by Cllr Morley that the AGAR Section 2 - Accounting Statements 2022/23 for Cockfield Parish Council signed by the Responsible Financial Officer be Approved. The proposal was carried, and the AGAR Section 2 was signed by the Chairman at the meeting. The Clerk posted the document on the Parish Council page of the Website.

2023/060 Neighbourhood CIL:

It was proposed by Cllr Cutting-Keyton and seconded by Cllr Golding that the Annual Neighbourhood CIL Expenditure Report be Approved. The proposal was carried, signed by the Chairman and Clerk and submitted to BMSDC. The Clerk posted it onto the Parish Council page of the Website.

2023/061 Maintenance Schedule and Asset Management:

061.1 Maintenance Calendar (Full review, February, June, October only)

061.2 Maintenance Matters by exception:

061.2.1 Greens Management: Cllr Morley confirmed that Mr E Evans had constructed the base for the King Charles III Coronation bench on Great Green. Cllr Morley advised that he would be instructing our tree surgeon S Bradnam to undertake some work on Great Green.

061.2.2 Glebe Land: The Clerk was asked to obtain a quotation from Mr E Evans to repair the sheds on the Allotments. Cllr Fletcher advised that she had taken the 2 No. water tanks up to the Allotments for future water collection.

061.2.3 Earls Meadow: None.

061.2.4 Cemetery: None.

061.2.5 Playground: None.

061.2.6 Village Hall Car Park: None.

061.2.7 Parish Paths: None

061.2.8 Pavilion: None.

061.2.9 Other Assets: Cllr Levett to discuss maintenance requirements of Great Green noticeboard with AJ Joinery.

The Clerk agreed to speak to D Harradine to ascertain what could be done to extend the life and improve the usability of the noticeboards at Cross Green, the Abbey and Crowbrook Place.

2023/062 Local Needs Housing: Nothing to report.

2023/063 Third Party Liaison:

038.1 Suffolk Association of Local Councils (SALC): Nothing to report.

038.2 Highways and Emergencies: Nothing to report.

038.3 Police/Fire: Nothing to report.

2023/063 Correspondence:

Letter 25/05/23: Sudbury & District Citizens Advice Change of Name Consultation: Clerk Responded.

Email 30/05/23: UK Community Renewals Confirmation of 3-year Insurance Renewal.

Email 01/06/23: BMSDC Communications June BMSDC Parish Council Update. Clerk circulated to Cllrs.

Email 03/06/23: Resident Complaint from resident about overgrown footpaths. Mark Webster chased up SCC and responded to Resident. **Email 07/06/23:** Anglian Water Services Ltd Water pipe specification & trench details provided. Clerk provided to Contractor.

Email 09/06/23: L Fulcher Funeral Directors Queries regarding burial plots. Cllr Turner investigated & responded.

Email 12/06/23: BMSDC Feedback Survey on Local Elections. Clerk responded.

Email 12/06/23: BMSDC Query on S106 payments. Clerk attended Teams meeting with BMSDC and issue resolved.

Email 12/06/23: SCC Legal Confirmation of receipt of Greens Registration Application. Clerk has chased up progress.

Email 14/06/23: Rural Coffee Caravan Provision of July Visit Digital Flyer. Clerk has posted on Website and Notice Boards

Email 16/06/23: Simon Lanning, BMSDC Advice that the 6-week moratorium period on the AVC restarts. Clerk circulated to Cllrs

Email 21/06/23: BMSDC Notification of Appeal Hearing Date – AP/22/00072 on 19/07/23 at 10.00am. Clerk circulated to Cllrs and will post on Website.

Email 22/06/23: Resident Provision of Reports for DC/23/002056. Clerk circulated to Cllrs.

2023/064 Matters to be brought to the attention of the Council either for information or for inclusion on the agenda of a future Ordinary Meeting:

- July:** Review & adoption of Emergency Plan
Community Led Planning update from Elizabeth Ling
Review amendments to Standing Orders & Financial Regulations
Review of Clerk's Salary

2023/065 Next Meeting:

The next Ordinary Meeting of the Parish Council will be held on Thursday 27th July 2023 at 7.30pm in the Village Hall. Subsequent Ordinary Meetings of the Parish Council will be held in the Village Hall (Main Hall) on 21st September, 26th October and 30th November 2023, 25th January, 29th February & 28th March 2024.

The meeting closed at 9.55 pm.

The Parish Council may be contacted through the Clerk,
Steve Ball by email at: parish.council@cockfield.org.uk
or 01284 828987 10am - 4pm please

Next Meetings - The next Ordinary Meetings of the Council will be held on Thursday 28th September 2023, and Thursday 26th October 2023, there is no ordinary meeting of the Council in August, at 7.30pm in Cockfield Village Hall

Garden Tips for September 2023

Flowers, Bulbs and Herbs

- Collect seed from hardy annuals such as Larkspur, Cosmos, Marigolds and Calendulas.
- Tidy up your pots in readiness for planting up with violas, pansies and spring bulbs etc.
- Continue to feed and deadhead hanging basket and container annuals.
- Sow hardy annuals such as Cerinthes, Scabiosa, Ammi and cornflowers) directly on to prepared seed beds for an early display next summer.
- Plant spring flowering bulbs such as daffodils, crocus and hyacinths.
- Direct sow hardy annuals where they are to flower. For example cornflowers, annual poppies and poached egg plants.
- Divide herbaceous perennials.



This keeps plants healthy and maintains vigour. Surplus plants are always popular with family, friends and your local Garden Club.

Fruit and Vegetables

- Spread out newly dug potatoes to dry for a few hours before storing them in paper or hessian bags in a cool dark place.
- Help pumpkins to ripen by removing any leaves which are shadowing the fruit. Try and raise pumpkins and squashes off the ground by placing on a piece of wood or a layer of broken pots you may have. This will prevent rotting.



- Cut bean and pea plants back to ground level once they have finished cropping. Leave the roots in situ to breakdown and release nitrogen back into the soil.
- Pot up strawberry runners by detaching from the parent plant to provide you with extra plants next season.
- Pick off any rotting fruits from your fruit trees as they will spread disease if left.
- Start sowing hardy varieties of broad beans and peas for early cropping next year.



Trees, Shrubs, Hedges and Climbers

- Prune any late summer flowering shrubs after they have finished flowering. For example the common deciduous honeysuckle (but not the evergreen varieties which should be pruned in early spring). Escallonia – Prune back the shoots that have flowered. Pyracantha – you can trim back the non-berrying shoots back to the visible berry trusses or spurs to maintain a good shape.
- Conifers hedges - Trim back to neaten and control height.
- Now is an ideal time to plant new trees and shrubs. You will find that they will flourish and establish quicker at this time of year. Don't forget to check the eventual height and spread to ensure that they won't outgrow their surroundings or block precious light.



Lawns

- The lawn will benefit by scarifying (scraping out moss with a fine tined rake) and aerating with a garden fork. Follow this with the application of a proprietary Autumn Lawn fertiliser.

General Maintenance and Planning

- Clear out and clean your Greenhouse ready to store tender plants and seedlings over winter.
- Remove shading towards the end of the month to allow maximum light available.
- Water greenhouse plants early in the day so the greenhouse is dry by the evening. Damp cool nights can encourage botrytis.
- If you have a pond you should continue to remove blanket and duck weed. This should be left adjacent to the pond to allow any wildlife to return to the pond. After a couple of days you can safely remove the debris to your compost heap.
- Dead leaves should be removed from water lilies. It is also a good time to divide water lilies and other pond plants.
- Net ponds before the autumn leaf fall.
- Water is such a precious commodity so consider installing a water butt.
- Create a compost bin using old wooden pallets. For leaf fall use fine chicken wire and robust bamboo canes.
- Improve clay soil by incorporating horticultural grit and organic matter before the ground becomes too wet or frozen.
- Climate Change – Some drought resistant plants to consider for 2024
- Perennials – Check each plant variety for ideal growing conditions before purchasing. Achillea, Agapanthus, Artemesia, Bergenia, Crocosmia, Echinops, Eryngiums, Euphorbia, Hardy geraniums, Sedums, Heuchera, Salvia Nemorosa 'Caradonna', Kniphofia, Stachys, Lavender, Phlomis, Gaura and Veronicas.
- Shrubs – Abelia, Ceanothus, Perovskia, Eleagnus Angustifolia, Arbutus Unedo.
- Annuals – Cerinthe Major, Nicotiana, Zinnia, Californian poppies, Cleome, Cosmos, Sunflowers, Nigella, and Nasturtiums.



Happy Gardening relax and enjoy all your hard work
Kate Ransom

THORPE MORIEUX AND DISTRICT GARDENING CLUB

On Saturday 10th June, our Garden Club members were kindly invited to visit Thorpe Hall, the beautiful garden of Jerome and Kate Mayhew. We spent a leisurely few hours wandering around their extensive grounds before sitting in the welcome shade for tea and cake. All donations for this were given by Jerome and Kate to Saint Nicholas Hospice

Our July meeting was a garden party held at member Patricia Everitt's garden in Cockfield - on one of the few sunny evenings that month! 33 members and guests attended

The competition was for the Wyevale Trophy for the heaviest crop from a single seed potato planted in a bucket. There were 17 entries and the winner was John Squirrel whose potato produced a crop weighing 5lbs 2oz - well done John !

Our special thanks go to Richard and Samantha Chrystal for kindly allowing members to park on Old Hall Green Common.

Our next event on August 21st, will be a talk by Richard Frost who is a Suffolk tree warden. The competition for this month will be a selection of vegetables and herbs grown in members' gardens. We welcome visitors to come along to Thorpe Morieux Village Hall on August 21 at 7:30 pm

Patricia
Everitt



Thorpe Hall Gardens

Cockfield W.I.

August's Meeting



Our meeting in August was well attended and as the village hall was being decorated we were allowed to hold the meeting in St Peter's church! A first? Our speaker was John Saunders, a guide who is based in Bury St Edmunds and a member of an enthusiastic team who are very knowledgeable about the histo-



ry of our special town. This time he was able to relate that history to 'Time On Our Hands' and encouraged us to look up more and perhaps notice objects and artefacts, which we may have previously overlooked! Particular features are found around our beautiful cathedral and the Abbey Gardens. The town is without doubt lovely and historically important. It has also become in recent years a notable foodie town!



We have been busy in recent weeks and many members made cakes for the village fete, which took place on Great Green on Sunday July 16th. It was a great success, with all cakes and biscuits sold. WI cakes are always well regarded! Thank you everyone. The fete was very well supported and enjoyed by many!

Our next meeting on Thursday 7th September will be very interesting, with a talk from Sam Reid about the Bury St Edmunds Rickshaw charity and service. They were awarded the Queen's Award for Voluntary Service on 9th June 2022. Locally they offer free, chatty rides for local people who need a little help getting out and about. They also do deliveries for local charities.



We will be busy organising our WI bazaar, taking place from 10.00am and 1.00pm on 9th September. Please come and join us! We would appreciate any contributions of unwanted items and if possible any help you may be able to give before or during the event. Call 07478142098. Refreshments will also be available.

In October we have a return visit from Alison Lambert (Occupational Health Visitor), who will be talking about Balance, Fitness and a Diet which supports them! In November we will be visited by Amanda Bloomfield who will talk about The Gatehouse. This charity has a Homestore and Foodbank. They organise Community Wellbeing support and have a thriving Christmas project.

We are also currently thinking about planning visits for next year. These may include a visit to a gin distillery, a flour mill, a vineyard and a local fudge maker! An obvious food and drink theme!

The coffee morning we hold in the village hall each month is a great place to meet and have a chat! It is open to everyone and everyone is very welcome to share some lovely homemade cakes and biscuits, as well as tea and coffee. The next two Thursday coffee mornings are from 10.30 am until 12 noon and are on Thursday 28th September and Thursday 26th October, in the Village Hall Committee room. The monthly coffee mornings continue throughout the summer and indeed the year, apart from December!

Our monthly Saturday lunches, after a break in the summer, will return in October. (The date to be notified soon). The lunch is available for a small contribution of £1, for the food! Teas and coffees are also available. Please come when the lunch dates return, we would love to see you then!

We would all really like to say welcome to you if you have recently moved into the village and would love to meet you. Visitors are always very welcome to WI meetings and if you would like to come along, haven't felt comfortable going out due to Covid or used to come to WI and would like to think about coming back, please contact Michelle Callinan on wi@cockfield.org.uk

Cockfield Community Coffee 4th Thursday of the month

Hope to see you there



**Cockfield Village Hall - Committee Room
10.30am - 12 noon**

No Charge but donations are welcome Enquiries please email wi@cockfield.org.uk

Tips & Recipes for Apples

Apples are incredibly tasty and useful! If you want to keep them for a while or even longer term then you need to grow or buy long keeping varieties. These include Granny Smiths, Braeburn or Pink Lady, for example. This would not include Golden Delicious. Freshly picked is, of course best, from an orchard or farmers market. Shop bought apples will inevitably have been picked and shipped some time before!

They should be wrapped individually and put in a lined box or insulated crate and kept in a cold location. If some are kept in the fridge, which is fine, it is suggested you put a few in a clear freezer bag or paper bag and use the crisper drawer. Apples like cold conditions. Make sure they are unblemished first! They cook and freeze very well and are great for pies, sauces, crumbles, chutneys etc.

Like other fruits, apples release ethylene gas as they ripen and can cause other fruits to ripen and spoil too, so please keep them separately.

If they are prepared for cooking, to stop them browning, leave them in salted water or water with some lemon juice and when ready to use or cook, dry them well with a clean tea towel or kitchen paper. Apples will then freeze well!

I have concentrated on 'sweet' recipes!

Apple and Sultana Muffins

Ingredients

200g self-raising flour
1 tsp baking powder
1 tsp cinnamon
50g wholemeal flour
100g golden caster sugar
2 large eggs
125 ml semi-skimmed milk
4 tbsp. sunflower oil
2 grated apples
100g sultanas

Method

Heat the oven to 180C/160 fan. In a large bowl mix the flour, wholemeal flour, baking powder, cinnamon and sugar.

In another bowl mix the eggs, milk and oil. Pour the wet ingredients into the dry and mix well. Stir in the grated apples and sultanas. Divide the mix between 12 muffin cases and bake for 20-25 minutes. Cool on a wire rack.

Apple Crumble

Ingredients (for the filling)

575g Cooking apples peeled, cored and sliced to 1cm thick- or use dessert apples for a firmer texture

2 tbsp. golden caster sugar

Juice of ½ lemon

Pinch – ½ tsp cinnamon (to taste)

Ingredients (for the crumble)

175g plain flour

110g golden caster sugar

110g cold butter

Ingredients (for the topping)

1 tbsp. rolled oats

1 tbsp. demerara sugar)

50-100g chopped walnuts (optional)

25-50g sunflower seeds (optional)

+ double cream or custard, to serve

Method

Heat the oven to 190C/170fan/gas 5

Toss the prepared apples with the caster sugar, the lemon juice and a few teaspoons of water, if you wish, and put in a dish deep enough for the fruit and topping

Put 175g plain flour and the caster sugar in a bowl with a good pinch of salt

Slice in the butter and rub it in with your fingertips until mixture resembles bread-crumbs. Alternatively pulse in a processor.

Pour the crumb mixture over the fruit evenly and sprinkle the oats and sugar over the top. Extra crunch can be achieved with chopped nuts and also seeds (optional).

Place it on a baking tray and cook in the preheated oven for 35-40 minutes, until the top is golden. Leave to cool for 10 minutes before serving.



Apple Pie

Always a favourite! My husband's Nan made the best apple pie, the secret probably being her very light touch. An amazing and lovely lady with a warm heart but cold hands.

Ingredients (for the filling)

5oz golden caster sugar, plus extra for sprinkling
1 tsp ground cinnamon
2 tbsp. cornflour
600g/1 lb 5oz Bramley apples or similar, peeled, cored, sliced

Ingredients (For the pastry)

400g/14oz plain flour, plus extra for rolling
2 tbsps. caster sugar
1 lemon, zest only
250g/10oz cold butter, cut into cubes
1 free range egg, beaten with 2 tbsp. cold water plus extra beaten egg to glaze

Method

Preheat the oven to 200°C/180 fan and have a baking sheet ready.

To make the pastry, place the flour, sugar and lemon zest in a bowl and rub in the butter with fingertips (hopefully cold hands) until the mixture resembles breadcrumbs. Add the beaten egg and stir with a round bladed knife until you have a dough. (In the day she would have used ½ lard with the butter and no eggs).

Wrap the pastry and leave in the fridge for at least ½ hour. Set aside one third of the pastry for the lid. Roll out the remaining pastry on a lightly floured surface to the thickness of a pound coin and 5-7cm larger than the pie dish. Very lightly butter the dish and place the pastry in the dish leaving no air bubbles. Some pie makers sprinkle a little semolina in now as this soaks up any extra moisture – may be worth a try!

Place the previously mixed filling in the dish (apples, sugar, cinnamon and corn-flour). Roll out the saved pastry and cover the pie with the pastry, brush the rim with a little beaten egg first and then press the edges together firmly to seal (do not stretch as the pastry will shrink). Use a sharp knife to trim off any excess pastry and gently crimp all around the edge. Make a few small holes in the centre with the tip of the knife. Glaze with beaten egg.

Gently re-roll the trimmings. Cut into shapes such as leaves to decorate all around the edge or just in the centre as you wish and glaze again. Sprinkle the pie with sugar and bake in the centre of the oven for 40-55 minutes until golden brown.

Joan Ball

FRIENDS OF COCKFIELD SCHOOL



A NIGHT AT THE RACES

Saturday 21st October 2023

Cockfield Village Hall

Doors open 6.30 - Free Entry

First Race 7:15

Tote Betting is Cash Only

50% of Tote to FOCSA & 50% to the Winning Horse Pot

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**COCKFIELD COMMUNITY CINEMA PRESENTS
THE UNLIKELY PILGRIMAGE OF
HAROLD FRY (12A)**

Friday 22nd September

Cockfield Village Hall, Church Lane, IP30 0LA

Doors Open: 7pm – Film starts: 7:30pm

Tickets on the door

Adults: £4.50 / Under 16s: £3.00

Raffle, Refreshments & Licensed Bar available from 7pm



Recently retired, Harold Fry is well into his 60s and content to fade quietly into the background of life. Harold's life with his wife Maureen is uneventful and their marriage frozen, due to an unspeakable conflict relating to the absence of their son, until one day, Harold learns his old friend Queenie is dying. He sets off to the post office to send her a letter and decides to keep walking: all the way to her hospice, 450 miles away.

MONTHLY SCREENINGS

4TH FRIDAY OF THE MONTH

FOR FUTURE SCREENINGS

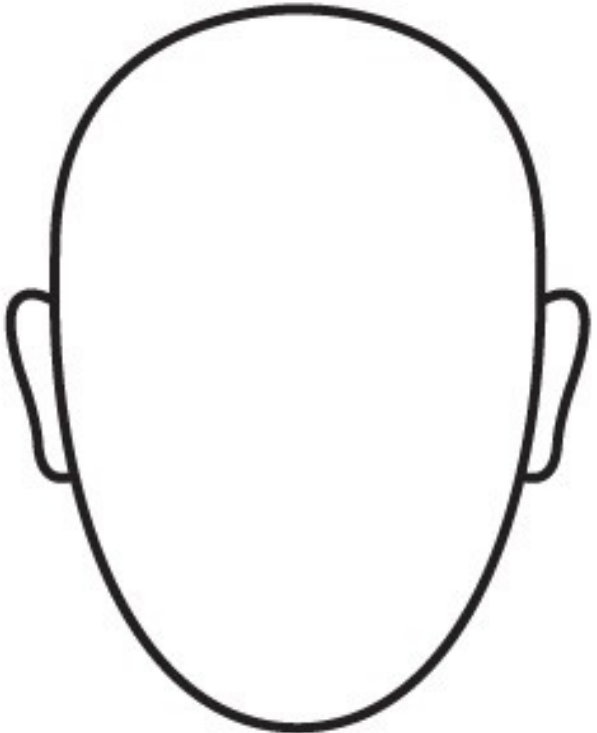
VISIT: www.cockfield.org.uk

Children's Page September 2023

September - back to school, a chance to catch up with friends and maybe make some new ones.

Friends are important people, how many adjectives can you list to describe your friends?

What does your best friend look like, see if you can draw your best friend's face here.



HARVEST LUNCH
1st OCTOBER 2023
12.00 IN COCKFIELD CHURCH

You are invited to join us on
Sunday 1 October
for a free Harvest Lunch
to take place in Cockfield church
after the 11am service of
Harvest Thanksgiving.

All are welcome, including children.

There will be soup and rolls, tea and coffee.

If you were able to bring a small plate
of food to share with everyone,
that would be appreciated.

We look forward
to seeing you.

Suffolk in the front line - Part 2

In the last article I looked at how the decision came to be made to deploy Thor SM-75 intermediate range ballistic missiles (IRBM) in England. As we have seen, 60 of these missiles were deployed in England as a stop gap measure between 1959 and 1963. These were deployed in four Wings in England, each Wing having five sites, with three missiles per site. In 1963 the missiles were withdrawn and the bases largely abandoned and the deployment moved into history. In this article I will examine how the sites were selected and the operational deployment of the missile.

The first requirement was to select suitable sites. General principles to be followed were that the four satellite bases should be a minimum distance of 12 miles from the HQ base and a maximum of 30 miles from each of the other stations. The 12 mile rule was to ensure survivability in the event of a Soviet nuclear strike on one of the bases. One Soviet missile would not be able to take out more than one site. As it was, Tuddenham was just under 12 miles from its HQ site at Feltwell in Cambridgeshire. The sites in the Feltwell Wing were to be Mepal in Cambridgeshire, Tuddenham and Shepherd's Grove in Suffolk and North Pickenham in Norfolk. Each base would be manned by a specialist, hand picked squadron of dedicated RAF personnel. These were called Strategic Missile squadrons and these are shown on the map. These were the only RAF squadrons ever to bear this designation. These squadrons would maintain and control the missiles, while targeting was to be under joint operational control, relying on the close co-operation of the USAF Strategic Air Command and RAF Bomber Command. The RAF personnel received formal Integrated Weapon System training in Tucson, Arizona before moving onto Vandenberg Air Force Base in California for final training.

Each launch crew comprised a launch control officer, who was usually an RAF Flight Lieutenant of the General Duties branch. This officer was assisted by various ground crew specialist technicians and an American Launch Authentication officer from the USAF holding the rank of Captain. The warheads were always under the control of the US Strategic Air Command, and so there were thus two launch keys.

77(SM) squadron at RAF Feltwell near Lakenheath was the first to receive a Thor missile on 19 September 1958. Almost a year was to follow before 107 (Tuddenham), 82 (Shepherd's Grove), 113 (Mepal) and 220 (North Pickenham) Strategic Missile Squadrons became operational in July 1959. Despite the secrecy surrounding the deployment it did not take long for the residents of the small villages near the bases to realise that they had been thrust into the front line of NATO's nuclear arsenal and could be on the end of a Soviet nuclear strike if the Cold War ever turned 'hot' and war broke out. However, for most of the time the missiles were not visible and lay hidden in their shelters, until brought out and mounted on the hydraulic launcher-erectors on the launch pads for a practice launch. These shelters can be seen in the air photos. The missiles were flown in to England on USAF transport flights into the airhead at Lakenheath, and from there were transported by convoy to the various sites.

It must have been quite a strange site to see a ballistic missile on its trailer passing through the countryside on its way to an RAF base.

And what of the missiles themselves? Each missile was 65 feet long and eight feet in diameter. It had to be fuelled with liquid oxygen and kerosene. It had an overall weight of 110,000 lbs when fully fuelled, but of this all up

weight 98,000 lbs was fuel! It had a range of 1500 miles which, from Tuddenham or Shepherd's Grove would take it to Moscow. It would take about 15 minutes from receiving the order to launch to lift off. Each Thor missile was powered by a single Rocketdyne engine which burned for 2.5 minutes, accelerating the missile to 4,400 metres per second. Ten minutes after launch the missile would be at an altitude of 280 miles, close to the highest point of its ballistic trajectory (known as the apogee) and it this point the re-entrant vehicle (containing the W-49 thermonuclear warhead) would separate from the main missile body and begin its descent to the target. Each warhead had a yield of approximately 1.5 megatons. From launch to detonation over the target took approximately 18 minutes. On the chart it can be seen that the area of devastation resulting from the blast of a 1.5 MT warhead would cover a circle with a radius of five miles from ground zero.



Fortunately the Thors were never launched in anger, and by 1963 were surplus to requirements. The Thor missiles in Europe did in fact contribute to the Soviet Union's decision to deploy nuclear missiles to Cuba, but that is another story! By 1963 the USA had deployed the Atlas intercontinental ballistic missiles and the RAF's V force of the Valiant, Vulcan and Victor bombers were by then equipped with the Blue Steel stand-off thermonuclear weapon. On 30 June 1969 the UK's independent nuclear deterrent passed from the RAF to the Royal Navy in the form of the Polaris nuclear submarines and the Continuous At Sea Deterrent. This continues to this day with the four Vanguard class boats which carry the Trident D-5 nuclear missiles. By way of comparison, the yield of these Trident warheads is around around 100 Kilotons, far less than those carried by the Thors.

What of the airfields of the Feltwell wing? Those at Tuddenham, Shepherd's Grove, North Pickenham and Mepal have long since disappeared, having been turned over to industrial estates and agricultural use. Only RAF Feltwell still survives. It is used as an accommodation site for United States personnel from the bases at Lakenheath and Mildenhall, and also houses a school for the children of US personnel. The era of the Thor missiles was just another chapter in Suffolk's long association with the United States Air Force, an association which continues to this day with the twin bases at Lakenheath and Mildenhall.

Jeremy Gardner

Cockfield Summer Fair

What a great day it turned out to be!

Despite the tail end of 40 mph winds still howling on Sunday morning we crossed our fingers and put up the first gazebo... Miraculously it held!

The sun came out, the wind went away and the BBQ fired up... we were ready and our very own Joyce Cocksedge opened the fair for us.

Phoenix Brass Band entertained with summertime music and Green Dragon Morris dancers had people clapping and joining in with them.

Winnie the Pooh paid us a visit in the dog fancy dress competition. So many dogs, so many rosettes for all the proud owners and so much entertainment from the Dog show team!

The rounders knockout tournament played off steadily in the background while people browsed craft stalls, played games, drank beer and took in the atmosphere of a traditional summer fair.

Burgers, skilfully cooked by Ralph Turner and delicious cakes made by the WI went down a treat.

The finale of the day... a water balloon catching competition and of course, the tug of war provided many laughs especially when the rope broke! Cockfield Community Trustees would like to thank everyone who helped in any way and also give huge thanks to the many people who came to enjoy themselves.

It felt like a very special day!















Cockfield Community presents

1950's HOP

music by DJ Texas Tommy
hopping with Esther

Entry £7
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bar & Raffle



Saturday 16th September 7pm - 11pm

Cockfield Village Hall IP30 OHA

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www.cockfieldprimaryschool.co.uk



Dear readers,

I am delighted to have been appointed as the new Headteacher for Cockfield CEVC Primary School. I feel very honored to have been chosen for this position and I am very much looking forward to getting to know all our pupils, parents, carers and staff.

In 2020 I moved from Essex to Suffolk and was appointed as Assistant Headteacher at Pot Kiln Primary school. Since then I have fallen in love with the area. There is an abundance of beautiful walks and picturesque landscapes. Cockfield is a perfect example of this, which, no doubt, brings pride to all of its residents.

I first visited Cockfield Primary a short while ago and was immediately struck by the distinct Victorian character of the building. My own primary education began in a small school not so dissimilar to Cockfield, in Chappel (nr Colchester). Whilst visiting Cockfield I was thrilled to note the abundance of outdoor and Forest school area, both of which I am excited to begin taking advantage of.

I firmly believe it is crucial to involve families and our community in the education of our children and I am looking forward to meeting everyone over the coming weeks.

Kind regards,

Marc Gilbert

Cockfield Community
Presents

Bingo Night

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ENTRY



Friday 13th October



Cockfield Village Hall
Church Lane, IP30 0LA

What Three Words:

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7.30PM START

Bring your friends and family for a night
of laughter and excitement. Prizes will
be awarded to the lucky Bingo winners!

More info at:
www.cockfield.org.uk



Cockfield Community Council Events

Summer is almost over and signs of autumn are beginning to show. The weather hasn't exactly been wonderful this year for outside events which was why we were so lucky on the day of the Cockfield Fete. What an enjoyable afternoon it was, the hard work in planning really paid off. The pavilion end of great green was a buzz with people all afternoon as they wondered around the array of stalls and watched the various arena events. Some even joined in with the Morris dancers! The bbq had a constant que as did the bar and WI refreshments in the pavilion. The new PA system was put to good use for a continual commentary of what was happening and some very happy people went away with goodies, rosettes and raffle prizes. Well done everyone involved with the organisation of this event and thank you to those that came and supported us.

Moving on we have our usual monthly village cinema which is held on the 4th Friday of the month in Cockfield village hall. Doors open at 7pm for a 7.30pm screening. A raffle takes place during the interval, the bar will be open or alternatively tea and coffee can be purchased as well as cake, snacks and ice-cream. If you haven't tried the cinema yet maybe now is the time to give it a go! Did you know that you can also buy gift vouchers for the cinema. These can be purchased from the village post office.

PLEASE NOTE THAT THE DECEMBER CINEMA WILL BE A WEEK EARLIER THAN NORMAL SO WILL BE ON FRIDAY DECEMBER 15th.

Are you ready to get your dancing shoes on and your feet tapping to the music?

Our next event is on Saturday September 16th, and is a music event. Come and join us in Cockfield village hall for a 1950's Hop, starting at 7pm until 11pm. Music will be by DJ Texas Tommy and hopping with Esther. Entry is £7 on the door and this includes tea & cake. The bar will be open and a raffle will be held during the evening. Why not put the date in your diary so you can come along for a Hop or simply listen to the music, whichever you choose it's sure to be an enjoyable evening.

Another chance to win with family cash bingo on Friday October 13th in the village hall.

Test your knowledge with a quiz evening on Saturday November 18th.

Carols by candlelight will be held at the village church on Wednesday 13th December. This event will be starting with a candlelight procession from the village hall car park up to the village church. A lovely fun evening for all the family just before Christmas to get everyone into the festive spirit.

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Suffolk Historic Churches Trust Ride and Stride 2023



Norman Kelly is participating in the annual Suffolk Historic Churches Trust (SHCT) Bike Ride. Although I have been advised to be more careful with my heart, I still plan to visit as many rural churches in Suffolk as I “carefully” can. As ever, St Peter’s Cockfield and the Suffolk Historic Churches value and appreciate your support and generosity.

The Just Giving page is <https://www.justgiving.com/page/norman-kelly-090923>
Just Giving is preferred by SHCT but their “suggested” 15% add on for “administration” is very annoying. Please be advised that the % add-on can be reduced or even removed if the donor clicks on the drop-down box on the right hand side when filling in the amount to be donated.

Dear Friends

The beginning of September often feels like the start of a new year – and that's probably because it heralds the start of the new academic year. I'm sure there are many of you with children who can't wait for the new school term to start, or perhaps some of you who will find it hard if your child is just starting school. Letting go of our children at key points in their lives can be both exhilarating and frightening at the same time.

As I write this we are nearing the end of our (reinstated after the pandemic) annual benefice holiday club at Cockfield Village Hall. We've had around 20 children of primary school age each morning enjoying songs, games, crafts, puppetry and a drama involving the adult leaders – which always brings much laughter. This year the week was entitled 'We're going on a Safari' and has involved thinking about all God's creatures, and the love that God has for us all.

One of the things I enjoy about working with children in our primary schools (we now have Gt Whelnetham as well as Cockfield in our benefice) is the way in which children can be so honest. It's a shame that we can't always be honest as adults, but we learn as we grow that some things are best left unsaid to avoid unnecessary pain and suffering.


My hope is that by the end of the week the children will know that they are loved, by God, and by us, and that they can always rely on Him - if they choose to do so. And that although being honest is sometimes a difficult thing to be, with God's help we can learn how to react in any situation that we are faced with.

Yours in Christ

Sharon

revsharon2@gmail.com
01284-828599 or 07825 086063

Cockfield Benefice Services & Events September 2023

Sunday 3 September Trinity 13	9.30am Communion CW - Stanningfield
	10am Morning Prayer CW - Cockfield
	11am Communion CW - Bradfield St Clare
	6pm Celtic-style Communion - Felsham
Sunday 10 September Trinity 14 Climate Sunday	9.30am Said Communion BCP - Cockfield
	11am Communion CW - Bradfield St George
	6pm Praise & Worship - Gt Whelnetham
Sunday 17 September Trinity 15	10am All-age Worship - Felsham
	10.30am Communion CW - Cockfield
	4pm Pet Service - Stanningfield
	6pm Evening Prayer - Bradfield St Clare
Saturday 23 September	
Sunday 24 September Trinity 16	Crafts - Food - Story. All children welcome with carer/parent. 3-5pm. Venue tbc
	9.30am Communion CW - Gt Whelnetham
	10am Worshipping Together - Bradfield St George
	10am Communion BCP - Gedding

Please note these services may be subject to change – for up-to-date service times see the benefice website at www.cockfieldbenefice.com

A service of Celtic Morning Prayer is held every Tuesday at Cockfield at 9am and at Stanningfield every Thursday at 9am.

A prayer group meets every Wednesday at 2pm via zoom link:

<https://us02web.zoom.us/j/7957788617>

Meeting ID: 795 778 8617 Passcode: 872072

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7 for 7.30pm

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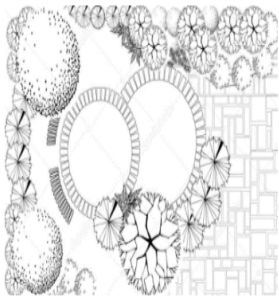
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Advice Column



My children are starting new schools in September, one is in primary school and the other secondary. Between uniforms, PE kit and knowing they'll need to catch the bus each day the costs are adding up. I'm already pretty stretched, so I'm not sure how to cover these extra outgoings. Is there any help I can get?

A new school year can put pressure on lots of people's budgets, so you're not alone in your worries. But there is help available. A good place to start is the Citizens Advice website where you'll find lots of information on the support you might be entitled to for school-related costs. The help you can get to cover school lunches will vary depending on how old your children are and if you claim benefits. Children in Reception, Year 1 and 2 automatically get free school meals. You can apply for free school meals for older children if you claim certain types of benefits, including Universal Credit, Child Tax Credit and Income Support. The full list is available on the Citizens Advice website, www.citizensadvice.org.uk

You mentioned concerns about travel costs. If your child can't walk to school because of special educational needs or disabilities, they should get free school transport. You may be able to get help with transport costs from your Local Education Authority if your children can't walk because it's dangerous or too far. Your Local Education Authority is part of your local council that deals with education in your area, you can find yours on GOV.UK. Contact it directly to find out exactly what support it offers.

If you're on a low income, your Local Education Authority may also be able to help you with activity and school uniform costs. You're likely to be considered to be on a low income if you get means-tested benefits like Universal Credit or Housing Benefit. In some places there are also local charitable schemes that can help. A good place to find out about these is the school itself or Parent Teacher Association (PTA) both will usually know if these kinds of schemes exist.

A lot of people are feeling the squeeze at the moment, but it's important to remember that help is available with starting school costs and you're not alone. For more information visit the Citizens Advice website www.citizensadvice.org.uk

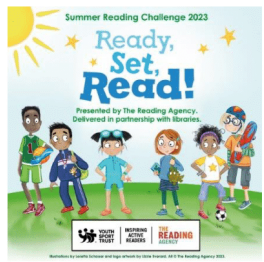
For information and advice on this or anything else, visit www.citizensadvice.org.uk or call Sudbury and District Citizens Advice on 01787 321400 and leave a message and someone will call you back when available. We will attempt three times to call you back, so please expect a call from a withheld number. Alternatively, contact us via email at advice@sudburycab.org.uk or by using the contact facility on our website, <https://www.sudburycab.org.uk/contact>

We are providing advice by telephone and email Monday – Thursday, 10am – 3pm.



Opening Hours	
Monday	10.00 – 1.00
Tuesday	10.00 – 1.00 & 2.00 – 5.00
Thursday	10.00 – 1.00 & 2.00 – 5.00
Friday	10.00 – 1.00 & 2.00 – 5.00
Saturday	10.00 – 2.00
Sunday & Wednesday	CLOSED

Summer Reading Challenge: 15th July – 10th September Our Summer Reading Challenge is well underway and if you haven't already signed up there is still plenty of time. The aim of the challenge is to encourage children to continue reading during the summer holidays. For each of the six books they read, they can collect a prize from the library. **If you sign up at Lavenham Library, we are offering an additional prize of our exclusive "light up pens" funded by our Friends Group once you have completed book 3!** If they complete the challenge, they'll also receive a special certificate! Children can sign up from **15 July**. The challenge officially ends **10 September**.



Suffolk Libraries PAWS-ITIVITY fundraising campaign Look who has arrived here at Lavenham Library! Come and meet "Book & Woof" our PAWS-itivity dog who is part of Suffolk Libraries fundraising campaign. Our lovely fabric dog has been created by Charmaine McKissock, a community artist, teacher and writer who has a therapy dog which she uses to support children's reading and this inspired her to create our cuddly fabric sculpture "Book & Woof"! PAWS-itivity! will raise awareness of Suffolk Libraries as a charity that nurtures literacy, supports an appreciation of the arts and improves wellbeing and positivity. Ultimately, it will raise crucial funds for Suffolk Libraries at a high profile auction in late September 2023. For more information, please pop into the library to pick up a PAWS-ITIVITY leaflet.



Summer holiday activity for children BACK BY POPULAR DEMAND! We are holding another African Drumming Workshop on **Thursday 31st August 3.00pm – 4.00pm** which costs £2.00 and is open to all ages. Due to the limited numbers you will need to book either by emailing lavenham.library@suffolklibraries.co.uk by telephoning 01787 247729 or by coming into the library and speaking to a member of staff. As this event is funded by our Friends Group we can only accept cash payments.

Contact Details



Lavenham Library, Lavenham Village Hall, Church St, Lavenham CO10 9QT
 Tel No: 01787 247729 www.suffolklibraries.co.uk
 Email: lavenham.library@suffolklibraries.co.uk
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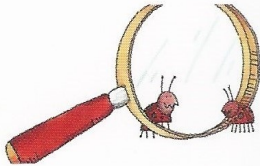
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Congregational Church Corner

Throughout His earthly ministry Jesus used parables in His teachings to illustrate the spiritual truths of which He spoke. There are some sixty of these parables in the gospels, and one such is the well-known parable of the Sower that we read about in Luke 8: 5-15. The "seed" here, Jesus explained, is the word of God (verse 11), and the differing soils He identifies depict the hearts and minds of mankind amongst whom the seed is sown (verses 12 to 15).

The wayside ground is the ground on the edge of a field where people pass and repass making the ground hard and so the seed just lays on the top of the ground. This represents someone who hears the gospel message but it does not take it to heart. It is superficially received, if at all, and is snatched away before it can have any effect upon him. The message just bounces off of him and is snatched away by the enemy of our souls.

The stony ground depicts a person who professes delight with the Word initially, but the roots do not go down very far below the surface, and so when tempted by what the world has to offer, this person's "faith" disappears and he falls away and back into the world.

The thorny ground depicts one who seems to receive the Word but whose heart is rather more fond of other things that take up his time and attention and so he is lured away from the things of God. His faith is choked, and he also becomes worldly and useless for God's purposes, whom Jesus describes, as "salt that has lost its savour" (Matthew 5:13). The good ground portrays the one who hears, understand and receives the Word of God gladly. In this ground the word penetrates the heart, flourishes and grows to fruition. The person represented by the "good ground" is the only one of the four who is truly saved, and produces good fruit (Matthew 7:20). The person who receives the word in this way, in turn, goes on to become a Sower, himself, and thus spreads the good news of the gospel, far and wide and so continues the perpetual process of advancing the gospel message by sowing the seed.

This parable is also recorded in Mark 4:1-20 and Matthew 13:1-8 and the question implied in all of them, but not expressed, is: "Which ground are you?" It is a question that that everyone should ask themselves, as the answer has eternal consequences.

William Attwood



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	Paul Rolph & Associates	01787 247046
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All is safely gathered in ...



Photo Steve Ball