



Cockfield is Suffolk Small Village of the Year 2023

Thank you to all those who went before and whose efforts helped make Cockfield what it is today.



Green Links Copy Deadline!

Please note all copy for the December issue must be
with me by 15th November please

Janne Cutting-Keyton, Newholme, Smithwood Green,
Cockfield. IP30 0JQ
01284 828264 or janne@twerbs.co.uk

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Green Links



The Monthly Village Magazine of Cockfield
Edition 4- No 198 November 2023

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Well the secret is out - Cockfield is Suffolk's Small* Village of the Year 2023! The last time the Village won the title was 2012 and the story of some of what has happened since is told in pictures on page 24.

The Judges were particularly impressed with the Community Spirit and Community Involvement in Cockfield and, among others, our achievements in housing, the provision of amenities and care for the village shone through.

Part of our submission read 'Community Spirit can't be bottled, or bought, or imposed, it has to be created and then, to sustain it, it has to be nurtured. I have no idea when Cockfield's Community Spirit started but today it remains at the heart of village life'. How true that is.

So I will happily say again - well done Cockfield and very well done to all those who work and who over the years did work to make today's Cockfield such a special place to live, work and play.

Janne

*Small being with a population under 1000 persons.

www.cockfield.org.uk

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Cockfield Community Presents



18 November 2023



QUIZ NIGHT

At the Village Hall



Tickets only £10
including supper



Entry forms at Cockfield shop



Doors Open 7.00 for 7.30pm



CHRISTMAS CONCERT



Saturday December 2nd

St PETER'S CHURCH

COCKFIELD IP30 0LA

**4.00PM: Talk about the church,
by Clive Paine**

**4.30pm: Concert (to include
works by Bach,
Lauridsen and Rutter)**

5.30pm (approx.): Refreshments

FREE ENTRY

**Donations (contactless donations
terminal in place) towards the
Fabric Fund**

Cockfield Parish Council



Draft Minutes of the Extraordinary Meeting of the Parish Council held on 24 August 2023 at 7.30pm held in the Village Hall, Cockfield.

Present:

Cllr Ian Levett, Chairman, Cllr Janne Cutting-Keyton, Cllr Dale Baber, Cllr Joe Brinkley, Cllr Sarah Fletcher, Cllr Andy Golding, Cllr Nic Knight, Cllr Robin Morley & Cllr Ralph Turner.

In Attendance: The Clerk, S Ball.

2023/086 Apologies for Absence: Suffolk County Cllr Robert Lindsay, District Cllr Paul Clover and District Cllr Margaret Maybury and

2023/087 Declarations of Interest

Cllr Morley declared a pecuniary interest in Agenda item 6.1 Planning. Cllr Turner declared a pecuniary interest in Agenda Item 7.2 Payments.

2023/088 Minutes of the Last Parish Council Meeting

It was proposed by Cllr Knight and seconded by Cllr Brinkley that the minutes of the Ordinary Parish Council Meeting, held on 27 July 2023, be signed as a true record. The proposal was carried.

2023/088 Outstanding Actions:

2021/189: BMSDC Public Realm Land: Cllr Golding reported that work was being undertaken to realign the fence at the junction of Dukes Meadow.

2021/194: Local Needs Housing: SCC have still not progressed the Parish Council's application for 'Granting of a new right of common and application for registration of a right in the commons register'. The Clerk was asked to chase SCC every two weeks for an update.

2022/178: Pavilion Balustrade: The Clerk has received a verbal quotation from one Contractor for a new handrail but is awaiting the formal estimate and design. A second quotation had been received and a third Contractor will provide a design and quotation before the September PC Meeting.

2022/184.1: Reduced Speed Limits: SC Cllr Robert Lindsay has received a negative response from SCC Highways regarding the possibility of a lower speed limit on the A1141 between The Abbey and the Windmill. The Clerk to prepare the Parish Council's argument before the September meeting for submission to SC Cllrs Robert Lindsay and Paul West, Cabinet Member for Highways, seeking a meeting on site to discuss proposals.

2023/007.1: Parish Council Investments: SALC have confirmed that the PC would not be liable to pay any tax on investment interest. Cllr Levett to investigate PC bank savings account options for PC reserves.

2023/011.9: Other Assets: The Clerk confirmed he had reported on the SCC website,

that SCC had failed to undertake verge cutting in Windsor Green in accordance with their cutting schedule for C & U Roads.

2023/071.2: Annual Play Equipment Safety Inspection: The Clerk confirmed that David Bracey Play Inspections are scheduled to undertake the Annual Safety Inspection of the Playground area on 4th September, with Cllrs Morley and Knight in attendance. **(Action Closed)**

2023/074: Public Attendance at PC Meetings: The Clerk confirmed that the Rules for Public attendance at PC Meetings has been published on the Website.

2023/075: Pavilion: A payment to Mr E Evans in thanks for his assistance with the Pavilion Changing Room floor modifications is included on the Payments & Income Schedule. **(Action Closed)**

2023/076: Suffolk County Council Land (Behind Crowbrook Place): The Clerk confirmed that the solicitor had been commissioned to undertake the LA & Environmental Searches. Cllr Morley & the Clerk met BMSDC on site to discuss fly-tipping removal and boundary security requirements. **(Action Closed)**

2023/077: Community Council Request: Cllr Golding confirmed he had met Julie Goodsman (Chair of the CC), to discuss the CC's storage options at the Pavilion if there was any change to its current storage provisions. **(Action Closed)**. The Clerk was asked to check if there would be any Insurance implications if CC equipment was stored in the Pavilion shed.

2023/078.2.1: Greens Management: Cllrs Brinkley and Golding confirmed they had relocated the redundant picnic table from the Play area to an area near the pond. **(Action Closed)**
Cllr Morley confirmed Stuart Bradnam had completed the necessary tree surgery at the Great Green. **(Action Closed)**

2023/078.2.5: Playground: The Clerk to confirmed that Anthony Creasy would turn over and loosen the tree bark around the play equipment. **(Action Closed)**

2023/078.2.9: Other Assets: Cllr Baber confirmed that he would revarnish the PC Noticeboard at Great Green in September.

2023/080: Neighbourhood CIL: The Clerk has advised the resident of the PC's decision not to install any additional bins at Crowbrook Place. **(Action Closed)**

2023/089 Public Participation Session:

2023/089.1 Suffolk County Councillor's Report:
In Suffolk County Cllr Lindsay's absence, there was no report.

2023/089.2 Babergh District Councillor's Report:
In District Cllr Clover's absence, there was no report.

2023/089.3 Public Participation Session:
None.

2023/990 Planning:

2023/090.1 Applications Received: It was noted that the following applications had been referred to the Parish Council:

DC/23/03315: Householder Application - Erection of summer house, fencing and installation of an oil tank (retention of). The Abbey Cottage, Windsor Green, Cockfield, Bury St Edmunds Suffolk IP30 0LY (**Decision: The Parish Council had no Objections to this Application.**)

DC/23/03374: Full Planning Application - Change of use and conversion of existing curtilage listed barn/outbuilding to music studio/home office for use ancillary to main dwelling. Addition of insulation, insertion of glazed doors behind the existing timber barn doors, insertion of two new skylights to the rear elevation, creation of a new mezzanine floor. Location: Buttons Green Farm, Buttons Green, Cockfield, Bury St Edmunds Suffolk IP30 0JF. (**Decision: The Parish Council had no Objections to this Application.**)

DC/23/03375: Application for Listed building Consent - Change of use and conversion of existing curtilage listed barn/outbuilding to music studio/home office for use ancillary to main dwelling. Addition of insulation, insertion of glazed doors behind the existing timber barn doors, insertion of two new skylights to the rear elevation, creation of a new mezzanine floor to 1/3rd of the floor area. Buttons Green Farm, Buttons Green, Cockfield, Bury St Edmunds Suffolk IP30 0JF. (**Decision: The Parish Council had no Objections to this Application.**)

DC/23/03892: Application under S73 for the Removal or Variation of a Condition following grant of planning permission DC/20/0002670 dated 03/07/2020 Town and Country Planning Act 1990 (as amended) – Erection of 1 No. dwelling (following demolition of semi-detached dwelling and outbuildings) To vary Condition 2 (Approved Plans and Documents), Remove Conditions 3 (Starwood Cottage/Wall) and 8 (Parking and Manoeuvring) both now discharged; Reword Conditions 4 (Ecology) and 7 (Bin Storage) as per details submitted. Lane End, Colchester Green, Cockfield, Bury St Edmunds, Suffolk. IP30 0HG. (**Decision: The Parish Council had no Objections to this Application.**)

2023/090.2 Decisions Received:

DC/23/02168: Discharge of Conditions Application for DC/21/04375 - Condition 3 (Biodiversity Enhancement Strategy), Condition 4 (Parking and EV Charging Points) and Condition 5 (Construction Management Plan). Earls Hall Farmhouse, Earls Hall Road, Cockfield, Bury St Edmunds Suffolk IP30 0JD. (**Decision: Conditions Approved.**)

DC/23/01885: Application for Listed Building Consent - Repair of windows and external woodwork as detailed in the Heritage Statement. Stows Hill House, Stows Hill, Cockfield, Bury St Edmunds Suffolk IP30 0JB (**Decision: Listed Building Consent has been Granted.**)

2023/091 Finance:

2023/091.1 Payments: It was proposed by Cllr Cutting-Keyton and seconded by Cllr

Golding that the schedule of payments be approved. The proposal was carried. The 24 August 2023 schedule comprised the following:

2023/092 Third Party Liaison:

092.1 Suffolk Association of Local Councils (SALC): None.

092.2 Highways and Emergencies: None.

092.3 Police/Fire: Resident concerns have been forwarded to the appropriate authorities.

2023/093 Parish Council Mission Statement:

Cllrs Knight and Golding were asked to revise the draft Mission Statement and circulate to Cllrs before the September Parish Council meeting.

2023/094 D-Day 80 – 6th June 2024:

Cllr Cutting-Keyton to provide a link to the D-Day 80 Anniversary Guide for the Clerk to circulate to Cllrs.

2023/095 Updates on Neighbourhood CIL Projects:

095.1 Childrens Play Equipment: Cllrs Brinkley, Knight and Morley updated Cllrs on the progress on the project and identified a few snagging issues, which APL Ltd were returning to site to rectify. Cllr Morley and/or Cllr Knight to meet with APL to discuss and inspect.

095.2 Allotments:

095.2.1 Water Supply: Cllr Morley provided Cllrs with the scheduled date for the Anglian Water Supply connection works (which will be during the half-term holiday due to a Road Closure requirement).

095.2.2 Plot Allocation: Cllr Fletcher confirmed that the recently vacated plot had been reallocated to the 1st reserve on the waiting list. Cllr Fletcher advised that the areas around the allotments were overgrown and requested that they be cleared. It was proposed by Cllr Morley and seconded by Cllr Golding that contractors be employed to top the meadow and adjoining area and cut back the hedges to the rear of the allotments. The proposal was carried.

2023/096 Emergency Plan:

It was proposed by Cllr Cutting-Keyton and seconded by Cllr Levett that the Emergency Plan (circulated to Cllrs in advance of the meeting) be adopted. The proposal was carried.

2023/097 Correspondence:

Email 30/07/23: PC 1594 Kim Spraggons (Sudbury police link officer) requesting PC contact details. Clerk updated.

Email 31/07/23: Sara Cameron (Corporate Manager, Strategic Property BMSDC) Response to PC email on Old Stone Pit security & fly-tipping. Meeting arranged on Site.

Email 31/07/23: Matthew Lee (County Farms Management Officer) seeking agreement to Heads of Terms. Clerk responded with list of queries.

Emails 31/07/23, 01/08/23, 09/08/23, 10/08/23 & 11/08/23: Resident's complaints about overgrown footpaths and behind Jeffreys Green development. Clerk responded.

Email 02/08/23: Simon Lanning (Communities Officer, BMSDC) advising about availability of Government's Community Ownership Fund (Match funding) for organisations seeking to purchase ACV's. Clerk circulated to Cllrs.

Email 02/08/23: Paul Bryant (Neighbourhood Planning Officer BMSDC) inviting PC to consult on Lawshall NP Review 2021-37. Clerk circulated to Cllrs.

Email 03/08/23: Anonymous resident complaint against developer breaches of Conditions. Clerk referred resident to BMSDC Planning team.

Emails 07/08/23 & 08/08/23: Cemetery enquiries from resident. Resolved by Cllr Turner.

Email 09/08/23: Octopus Energy update on meter request.

Email 10/08/23: David Bracey confirmation of Play Equipment Safety Inspection date. Clerk forwarded to Cllrs Morley and Knight.

Email 14/08/23: Sally Longmate Response to Enquiry SALC Ref: EN3967). Circulated to Cllrs Levett and Fletcher.

Email 17/08/23: Chloe Mealar (AWA) providing update on planned water connection to allotments. Clerk to liaise with PC Contractor.

Emails 17/08/23: Complaints from resident about weeds on land behind their property. Clerk referred then to SCC.

Email 18/08/23: Paul Clover (BSCDC Cllr) update on fly-tipping notices.

Email 18/08/23: SCC Highways notification that Grit Bin replenishment programme has commenced. Clerk forwarded to Cllr Cutting-Keyton.

Email 18/08/23: Allotment Society August Newsletter issued. Clerk circulated to Cllrs Levett, Fletcher & Morley.

2023/098 Matters to be brought to the attention of the Council either for information or for inclusion on the agenda of a future Ordinary Meeting:

Review amendments to Standing Orders & Financial Regulations Community Led Planning update from Elizabeth Ling (Note: this might be deferred until the October meeting).

Adoption of Parish Council Mission Statement

Future management of the Village Website

Community Shop and Post Office

Parish Council Surgeries

2023/099 Next Meeting:

The next Ordinary Meeting of the Parish Council will be held on Thursday 28th September 2023 at 7.30pm in the Village Hall. Subsequent Ordinary Meetings of the Parish Council will be held in the Village Hall (Main Hall) on 26th October and 30th November 2023, 25th January 29th February & 28th March 2024.

The meeting closed at 9.20 pm.

The Parish Council may be contacted through the Clerk,
Steve Ball by email at: parish.council@cockfield.org.uk
or 01284 828987 10am - 4pm please

The Turning of The Seasons

Adieu Mother Summer. so fulsome and fair
of the season's work she has done her share
She must leave the burden for others to bear.
'Tis Brother Autumn's turn to care

Now see Brother Autumn step onto the land
And deliver the harvest that he has planned
With each wave of his arms goodness flows from his hand
But as Winter approaches, aside he must stand

And sear Father Winter will take to the stage
Bringing ice, frost and snow as the winter winds rage
A stern father indeed, treats the world as his own
But in long nights of darkness, good times he has shown

Full of darling good nature she steps from the wings
For life and for beauty all hail Sister Spring
Clad in freshness and green leaves
Hope and loveiness brings.

And now Mankind, you must play your part
As the seasons keep turning, rise up and take heart
Pick up nature's endings and make a fresh start.

As you gather this harvest and bless it today
Remember the world was not always this way
On your shoulders it lies, the fate of this land
Protect it and pass it ,unharmmed, to young hands.

RW



COCKFIELD
village group

Cockfield Village Community Store and Post Office

On 6 November 2023 the Village officially takes over the shop and Post office!

A huge thank you to those who have signed up to be part of the team running the venture.

We will always need more help, so if you would like to join the team you can go online (see details below) or ring Sarah 828785 or email sjfletcher25@gmail.com .

Your support for this venture is vital and the team will always be happy to see you in the shop but please be patient with those of us who are learning!

The opening times have changed slightly and will be as follows:

Monday- Tuesday- Thursday and Friday

Shop 8am – 1pm and 2pm – 6pm

Post Office 8am – 12pm and 2.30pm – 5.30pm

Wednesday and Saturday

Shop 8am – 1pm

Post Office 8am – 12pm

This is an exciting venture and we hope you will all help to make it a success!



Scan the QR code or visit bit.ly/cockfieldshop

Cockfield Community Presents...

CAROLS

BY

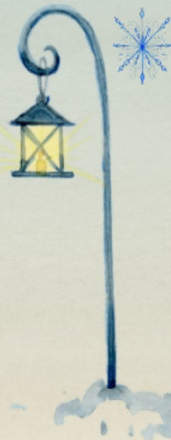
CANDLELIGHT

Wednesday
13 December 2023



Meet in the hall car park b. 30pm
for a candlelit walk to the church
Singing your favourite carols
finishing with a drink and a mince pie

Children are invited to bring an Angel
to decorate the church if they wish



Thorpe Morieux and District Gardening Club

SEPTEMBER MEETING

We've had the warmest September on record, and summer bedding is still looking good

Our meeting this month was to be a talk on Sudbury Water Meadows by Nick Shimwell. However unfortunately he had to cancel at the last minute, so one of our garden club members, John Squirrel, stepped up and saved the evening.

John gave us a video presentation on growing vegetables and fruit in his beautiful garden. He has been



growing in his half acre garden in Thorpe Morieux for 40 years, and makes all his own compost. It was an enjoyable evening and a very informative insight into Mr and Mrs Squirrel's garden.

The competition this month for the TMGC Dahlia cup was a selection of fruit from your garden, and was won by Rosie Swiney.

Our next meeting on October 16th is our AGM, and the month's competition is for the Hardingham Trophy for Preserves – jam, chutney, marmalade etc

Dates for your diary: November 29th quiz night v Lavenham Garden Club at Lavenham Village Hall, - 7.30 start. Newcomers are more than welcome; December 11th

Christmas meal at Thorpe Morieux Village Hall, including lots of fun! January 15th, 2024 -speaker TBA. Competition is a bottle of home-made wine or liqueur etc.

We look forward to seeing guests or new members at any of our meetings.

Patricia Everitt

Cockfield W.I.

October's Meeting



In September a few members, representing Cockfield WI, attended the annual High Suffolk Group Meeting, which was held this year in Hartest. It is an opportunity to let the group hear brief, positive highlights from each WI's past year. The Federation news and notices were given by Sue Beavan, WI Advisor. We were delightfully entertained by the Homity folk duo, Ian and Michelle Wright. We were also treated to a very enjoyable and plentiful afternoon tea! (In the WI tradition of great teas!)



Our speaker for the October meeting was Alison Lambert, Occupational Health Adviser for the Godolphin Stud at Newmarket. Alison called her talk "Don't Get Caught Off Balance" and she asked us all to stand up and try to stand on one leg for one minute. Many of us were unable to do this for long but there were several fitter members who managed it!

We then all sat down to listen to Alison and watch her talk on the screen. Alison said the causes of loss of balance are reduced bone and muscle strength, ear infections, neurological disease, heart disease, alcohol, and medication.

There are three things that affect our balance which are, our eyes, inner ear and muscle bones and ligaments. There are many ways we can improve our stamina and strength including, weightlifting, gardening, jogging, walking, dancing and skipping. The more muscle we use the better for our health. Alison recommends we walk for 30 minutes each day. For flexibility Alison says yoga, Pilates, Tai Chi and stretching exercises are all beneficial. Alison suggests several ways we could exercise at home:

- Stand on one foot while brushing our teeth every day.
- Rise from the armchair without using your arms.
- Walking backwards.
- Stand up while the adverts are on TV.

- Stand or walk while on the telephone.

Alison explained that osteoporosis can occur in older people as our bones become less dense. She suggests people should look after their bones from the age of 30. HRT can help, as can a good diet of soya-based products and foods which are high in calcium. Milk, yoghurts, green vegetables, oily fish and oranges are all a good source of Vitamin C.

It is recommended that a vitamin supplement of Vitamin D is taken from September to April as sunlight provides the necessary vitamin in the summer months.

Brazil nuts are rich in selenium and almonds and walnuts are a good source of vitamins. Alison answered members' questions and Stevie Watts gave the vote of thanks. The report for this meeting is by Suzanne Veal.

In November we will be visited by Amanda Bloomfield, who will talk about The Gatehouse. This charity has a Home Store and a very valuable Foodbank. They organise Community Wellbeing support and also have a thriving Christmas project. The charity would not be able to deliver their services without support and donations. They are based in Dettigen Way, Bury St Edmunds and can be contacted on 01284 754967 or by e mail at info@gatehouse.org.uk I can share more with you after the meeting in the December Green Links! A popular outing in November will be a lunch at Suffolk College.

In December we are looking forward to a speaker, Lindsey Barrel, also known as Ms Cherry Bombe, with a talk entitled 'Burlesque, Me and the WI'. Other groups report that this is an excellent talk. Lindsey has been a regular speaker on the WI circuit since 2014. She is a Burlesque and Mindfulness teacher as well as a WI member and is understood to be a gifted storyteller!

The coffee morning we hold in the village hall each month is a great place to meet and have a chat!



It is open to everyone and everyone is very welcome to share some lovely homemade cakes and biscuits, as well as tea and coffee. The next coffee morning is from 10.30 am until 12 noon on Thursday ay 23rd November, in the Village Hall Committee room. The monthly coffee mornings will then return and continue from January 2024 after a short break in December!

It is hoped that our monthly Saturday lunches, after a break in the summer will now return in December and if it is confirmed, the date will be advertised around the village and in Green Links. The lunch is available for a small contribution of £1, for the food! Teas and coffees are also available. Please come when the lunch dates return, we would love to see you then!
Joan Ball

Tips & Recipes for Autumn Pumpkins

Autumn is really here now, it gets dark much earlier and can be chilly but it is also a beautiful time of year!

'Golden, crisp leaves falling softly from almost bare trees,
Lifting and falling in a hushed gentle breeze.
Slowly dropping to the soft cushioned ground.
Whispering and rustling a soothing sound.'
(Extract from 'Autumn Leaves' by Edel T Copeland)

If you have some pumpkins and perhaps have used them for Halloween celebrations, the flesh can be used in recipes. The season is from October to December and they are not only perfect for carving, they are also good for you too! They are an excellent source of fibre, vitamins and minerals! Other squashes are available during this season and they all keep very well. Butternut squashes, for instance, are delicious and versatile, especially in vegetarian dishes, both sweet and savoury.

Pumpkin Pie (choose small sweet pumpkins)

Ingredients

For the pastry use readymade or make your own sweet short crust with 40g crushed pecan nuts mixed in).

Filling

450g pumpkin flesh, peeled and cut into 1 inch squares
2 large eggs, plus 1 yolk (use the white for another dish)
75g dark brown sugar
1 tsp ground cinnamon
½ level tsp freshly grated nutmeg
½ tsp allspice
½ tsp ground cloves
½ tsp ground ginger
275ml double cream

Method

Preheat the oven to 200C/Gas 6

Use a pie plate which is 23cm/9inches in diameter and bake blind for 20 minutes.

To make the filling, place the chunks on a baking tray, cover with foil and roast until tender. (Takes about 20-30 minutes), depending on your pumpkin. Press the cooked pumpkin in a coarse sieve to extract any excess water. Set aside to cool before blending in a food processor or mashing by hand to a puree.

Lightly whisk the eggs and extra yolk together in a large bowl.

Put the sugar, spices and cream in a pan, bring to simmering point, giving it a whisk to mix everything together. Then pour it over the eggs and whisk again briefly. Now add the pumpkin puree, still whisking to combine everything thoroughly.

Reduce the oven temperature to 180C/Gas 4. Pour the filling into the pastry case and bake for 35-40 minutes, by which time it will puff up round the edges but still feel slightly wobbly at the centre.

Remove the pie from the oven and place on a wire cooling tray. Serve warm or chilled (store loosely covered in foil in the fridge). Serve with chilled crème fresh or cream.

Pumpkin Soup

Ingredients

1 large onion, chopped

2 carrots, peeled and chopped

2 garlic cloves

1 bay leaf

25g unsalted butter

2 tbs olive oil

1 medium pumpkin (prepared weight about 850g – deseeded and roughly chopped)

1 medium sized floury potato, roughly chopped

1 litre vegetable or chicken stock, a little extra may be needed

100ml double cream

3 tbs pumpkin seeds

Method

Put the onion, carrots, garlic, bay leaf, butter and half the olive oil in a large pan. Cook over a low-medium heat for about 10 minutes until the vegetables are tender but not coloured.

Add the squash/pumpkin and the potato, mix to combine and cook for a further 2-3 minutes. Pour in the stock, season well and bring to the boil. Reduce the heat to a gentle

simmer, half cover the pan with a lid and continue to cook for about 40 minutes until the squash is really tender. Test with a knife.

Pick out the bay leaf and blend the soup with a stick blender until it is smooth.

Add the cream and a little more stock if the soup is a little thick. Check the seasoning is OK.

Meanwhile, heat the remaining oil in a frying pan over a medium heat and add the pumpkin seeds frying quickly until the seeds start to pop. Remove from the pan.

Serve with the pumpkin seeds and a swirl of cream.

Recipe Tips

The flavour and sweetness of pumpkins varies considerably. Check the variety and you will find large pumpkins contain more water and less flavour than smaller varieties.

If you use a small butternut squash for instance reduce the simmering time to 15 minutes. Just check the potato is cooked through.

Halloween Pumpkin Cake

Ingredients (for the cake)

300g self-raising flour
300g light muscovado sugar
3 tsp mixed spice
2 tsp bicarbonate of soda
175g sultanas
½ tsp salt
4 eggs, beaten
200g melted butter
Zest of 1 orange
1 tbs orange juice
500g (prepared) butternut squash or pumpkin flesh, grated
(for drenching and frosting)
200g soft cheese
85g softened butter
100g icing sugar, sifted
Zest 1 orange and juice of half

Method

Heat the oven to 180C/Fan 160C/Gas 4. Butter and line a 30cm x 20cm baking or small roasting tin with baking parchment. Put the flour, sugar, spice, bicarb, sultanas and salt into a large bowl. Stir to combine.

Beat the eggs into the melted butter, stir in the orange zest and juice. Then mix with the dry ingredients until combined. Stir in the pumpkin. Pour the batter into the tin and bake for 30 minutes or until golden and springy to the touch.

To make the frosting, beat together the cheese, butter, icing sugar, orange zest and 1 tsp of the juice until smooth and creamy. Then set aside in the fridge.

When the cake is cooked, allow to cool for 5 minutes and turn it out on a wire tray. Prick it all over with a skewer and drizzle all over with the rest of the orange juice while still warm. Leave to cool.

Beat the frosting to loosen. Then using a palette knife, spread over the top of the cake. If you need the cake later, then return to the fridge. Remove 30 minutes before serving.

Will keep 3 days in the fridge, if covered.

Joan Ball

Cockfield Community Coffee 4th Thursday of the month

Hope to see you there

Cockfield Village Hall - Committee Room
10.30am - 12 noon

No Charge but donations are welcome Enquiries please email
wi@cockfield.org.uk





Homegrown Freshly Cut Christmas Trees
Handmade Wreaths
☆ **Beautiful Decorations** ☆
Barista Coffee & Baked Treats from
Our Horse Box Trailer

OPEN ☆
24th NOVEMBER - 20th DECEMBER
9.30AM - 5.00PM

☆ Church Farm, Bradfield Combust, ☆
Bury St Edmunds IP30 0LW
(on the A134, next to The Manger Pub)

07940 852 426 ☆ ruth@churchfarmbandbsuffolk.com
churchfarmchristmasbarn.com ☆

Logo Designed by Lienne Nicole @posylavenham



COCKFIELD COMMUNITY CINEMA PRESENTS

MY SAILOR MY LOVE (12A)

Friday 24th November

Cockfield Village Hall, Church Lane, IP30 0LA

Doors Open: 7pm – Film starts: 7:30pm

Tickets on the door

Adults: £4.50 / Under 16s: £3.00

Raffle, Refreshments & Licensed Bar available from 7pm



A powerful and romantic tale of a second chance at love and the power of redemption. When the right person comes along, anything can happen. After becoming concerned about her father Howard (James Cosmo, *Braveheart*), Grace (Catherine Walker, *A Dark Song*) hires a caretaker in the form of Annie (Brid Brennan, *Brooklyn*). As a result of his recluse nature, Howard initially rejects any help from Annie, but gradually the pair begin to bond, and Howard re-considers opening his heart to love and to be loved once more.

MONTHLY SCREENINGS

**4TH FRIDAY OF THE MONTH
FOR FUTURE SCREENINGS**

VISIT: www.cockfield.org.uk

The second form of defence proposed were 'stop lines'. These were a series of heavily defended strongpoints using natural features such as rivers and canals, augmented by man made structures such as railway embankments and cuttings, anti tank ditches and other obstacles, barbed wire entanglements and of course the ubiquitous pillbox. These stop lines would channel the enemy columns into 'killing zones'. Well that was the theory.



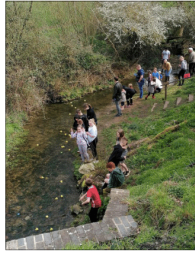
Stop lines were designed to slow the advance of German armoured columns, setting them up for a counter attack by mobile defensive forces. The stop lines would effectively become one long anti-tank obstacle, natural wherever possible, covered by pillboxes and other prepared positions. On 25th June 1940, General Paget, Chief of Staff to the Commander in Chief Home Forces, submitted General Ironside's anti-invasion plan to the War Cabinet in the form of Home Forces Operation Instruction No 3. This stated that "the general plan of defence is for a combination of mobile columns and static defences by means of strong (nodal) points and stop lines...This system of stop lines and strong points will prevent the enemy from running riot and tearing the guts out of the country, as happened in Belgium and France". The pillboxes in and around Cockfield and Bury St Edmunds formed part of the Eastern Command Line, also known as the Corps Line. The map shows the major Stop Lines in Suffolk, and the photograph shows the pillbox in Old Hall Lane, which is a Type 22 pillbox. Next time I'll have a look at the design and construction of these fortifications and point out some of the more visible ones in the local area.

JG

Cockfield Village of the Year 2023



The Village Sign as featured on the cover of our Welcome Pack for new residents



The Annual Duck Race - always a hit with the children



Community engagement helping with our Annual Litter Pick

Proud Allotment Holders



Football First Team - Training session in the Parish Councils Sports Pavilion



Jubilee Lunch for 500 and Beacon Lighting



Rural Coffee Caravan on their second visit to Cockfield



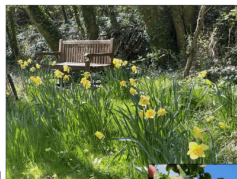
Coronation, distribution of Childrens Gift Bags



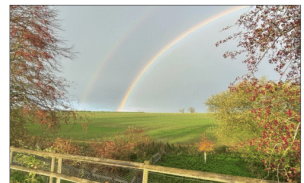
Jeffreys Green Development, the self build houses will go in the top left hand corner of the site



Some of the Play Equipment requested



Earls Meadow Project incorporating Bruffs Line and Jeffreys Green Amenity Areas . Community Orchard, Queens Green Canopy Planting, Wildlife Conversation



Cockfield a village where people 'do their bit' and come together to make ours a strong community.

Dear Cockfield Resident

I am writing on behalf of Cockfield Parish Council. Many of you may have heard recently that Cockfield Village has recently been awarded Small Village of the Year by the Suffolk Association of Local Councils.

Whilst the Parish Council submitted our application the award is for the village, in particular the many organisations and clubs provide so many opportunities for residents to get involved in various activities and social events. Well done to everyone who contributes to Cockfield being such a good place to live.

The Parish Council would like to have an event in the village which would provide an opportunity for as many people as possible to attend. Given the time of year an outdoor event would be problematic hence the Village Hall has been booked for an 'Open Day' event on Saturday 20th Jan 24. Everyone in the village is invited to attend. It is hoped that all societies, clubs and organisations will use this as an opportunity to showcase to the village the contribution that they make to village life, by means of a display and/or by having appropriate people on hand to speak with attendees. Refreshments will be available.

At a suitable time during the event a 'toast' will be made to the village.

Further details will be made available in weeks to come. If you would like to make any suggestions please do contact the Parish Council on parish.council@cockfield.org.uk.

Once again well done to everyone in the village.

Ian Levett
Chair – Cockfield Parish Council
Oct 23

Children's Page November 2023

November and it's Bonfire Night!

Firework Wordsearch



FIREWORKS GUNPOWDER GUYFAWKES
SPARKLER ROCKET BANGER BONFIRE
ROMAN CANDLE FUSE SMOKE

J	O	E	L	D	N	A	C	N	A	M	O	R
G	U	N	P	O	W	D	E	R	S	P	F	H
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B	O	N	F	I	R	E	E	R	E	W	K	Q
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P	S	C	V	O	A	P	R	O	C	K	E	T

Christmas Craft and Artisan Fair

Saturday 18 November

In our beautiful Church

St Peter's Church

Cockfield

IP30 0LA

10.30am - 4pm

- *Handmade gifts (that are not too expensive!)*
- *Home made refreshments*

Free entry



Catey Pre-School
COCKFIELD

Catey Pre-School, Church Lane, Cockfield, Bury St Edmunds, Suffolk, IP30 0LA

VACANCIES FOR NEW **STARTERS**

Open from 7.50am to 4.30pm Monday to Friday

Costs from £14.00 per session. (2 – 4 Year Olds)

15 & 30 Hour Funded Childcare available

Breakfast, Lunch & After School Clubs

Friendly, Dedicated & Trained Staff

Pleasant surroundings, well equipped, including a large, partially covered, secure outdoor learning area.

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Mary or Steph. on: 01284 827284

www.catey-preschool.co.uk

cateypreschool@hotmail.com

CATEY Pre-School is committed to the welfare of it's children, staff & volunteers at all times.

Registered Charity Number: 1135211



Catey Pre-School COCKFIELD

Catey Pre-School, Church Lane, Cockfield, Bury St Edmunds, Suffolk, IP30 0LA

Hello all,

We are now well into our Autumn term and our little ones have settled in so well. October has been a busy month for us. The weather began to change and the children really enjoyed the change in season playing with scarves and streamers in the wind as well as watching and listening to the storms as they rumbled over the preschool. We have learned all about harvest time, singing songs, we learned about all the grains kindly given to us from Barleydale Grove Farm and did lots of lovely craft activities too. It is such a lovely time of year as the season changes, now we are well into the autumn season it opens a whole new opportunity of learning for our little preschoolers.

November brings colder weather and shorter days. The children will be wrapping up warm to play outside. We will be having fun talking about firework night and creating firework pictures. As the Christmas festivities draw nearer it will be time to practice our songs for our little Christmas performance for the parents. This is such an exciting time for our little ones and their families who we hope to make rich and fond memories for.

Best wishes from Catey Preschool

Enquiries for preschool places or joining our committee please contact Mary or Steph on 01284 827274 or email us cat-eypreschool@hotmail.com
Check out our website <https://www.catey-preschool.co.uk/>



COCKFIELD PRIMARY SCHOOL



NOVEMBER 2023

NOVEMBER'S NEW OPPORTUNITIES.

Here in Cockfield, our children have been flourishing and growing from strength to strength during their first half term. With a focus on exploration, collaboration, and nurturing each child's unique talents, the school has truly embraced a warm and friendly atmosphere. We have welcomed our parents into our school for numerous events and each time our community have been met with a warm smile from our children.

explored, questioned, and imagined the possibilities that lay ahead for their future. Yes, that's right, our wonderful five to seven-year olds are already excited about their amazing future which lies ahead.

Meanwhile, Year 5 and 6 students had an incredible

opportunity to visit Thurston Secondary School. This special trip fostered strong links between the children, allowing them to build

friendships with their older peers. The older students served as mentors, sharing their experiences and wisdom, instilling a sense of camaraderie and support within the Cockfield Primary School community.

Oak class embarked on an exciting journey to Bury St. Edmunds, where they delved into the world of different industries. Their educational SED day trip aimed to inspire these young minds by showcasing various career paths. The children's curiosity was sparked as they



Year 3 and 4 have experienced a delightful day filled with the mouth-watering aroma of freshly baked bread. Their bread making day allowed them to get hands-on and explore the art of baking.



Birch Class at a recent inter-school's cross-country event



Fresh bread from Willow Class



Coffee Morning with help from our House Captains



Reading with our parents

[Pick the date] [Edition 1, Volume 1]

as they kneaded, mixed, and shaped their very own delicious creations. The air was filled with excitement and joy, as the children not only learned a new skill but also developed a deeper appreciation for the wonders of the kitchen.

In the Reception class, our little ones embraced "Muddy Mondays" with open arms. Beginning their afternoon by reading the enchanting tale of "Room on the Broom," the children then ventured into the forest school area. Surrounded by nature's beauty, they embarked

on a magical journey, constructing their own wands using materials they could forage. This imaginative and nature-inspired activity encouraged their creativity to soar, as they discovered the wonders that lie within the great outdoors.

Cockfield Primary School's first half term has truly been a testament to the power of community and the passion of our dedicated teachers. The enthusiasm and joy radiating from the children as they explore new horizons and develop their

skills are a testament to the nurturing environment that has been carefully cultivated within the school.

As we look forward to the rest of the academic year, we are excited to witness the continued growth and achievement of Cockfield Primary School. With each passing day, our students become more confident, creative, and resilient, preparing them to embrace the opportunities that lie ahead and make a positive impact on the world around them.



Cockfield Community Council

Annual General Meeting

This meeting will be held in Cockfield Village Hall at 7:30 on Friday 17th November 2023.

At the AGM you hear what the Community Council has achieved in the year and where any funds have been distributed.

Everyone who lives in the Parish of Cockfield is automatically a member of the Community Council. Should you wish to stand for election to the Board of Trustees please send your name and postal address to the secretary Janne Cutting-Keyton at janne@twerbs.co.uk by 10th November 2023, your nomination must be seconded by another resident of Cockfield.

Trustees meetings are not stuffy, we are doers, we discuss what events we can put on to raise funds for community projects and then get on with implementing them. Now more than ever we want to appeal to as many people as possible; we have many new residents and we want everyone to feel they have a voice, have a real say, in what goes on in our community.

We are always looking for fresh, new ideas, maybe you have experienced something in another village you think could work in Cockfield or have an idea to bring the community together which needs a bit of support to get it off the ground. Either way think about coming to the AGM to put forward your thoughts.

Hope to see you on the 17th - refreshments will be served following the meeting.

CC Trustees

To put forward a nomination or if you have any questions please contact the Secretary Janne Cutting-Keyton on 01284 828264 or janne@twerbs.co.uk

NOTICE

The Annual General Meeting
of Cockfield Community Council
will be held at 7.30pm on Friday 17th November 2023
in Cockfield Village Hall
Everyone is very welcome to attend

Agenda

- 1 Apologies
Any apologies to be given before the meeting to Janne Cutting-Keyton on
01284 828264 or janne@twerbs.co.uk
- 2 Approval of AGM minutes dated 11th November 2022
- 3 Matters arising
- 4 Chairman's report
- 5 Treasurer's Statement of accounts and financial report
Setting the subscription rate for 2024
Appointment of Auditor for 2023/24
- 4 Appointment of Electoral Officer to oversee the election of the Board of
Trustees and Chairman
- 5 Election of the Board of Trustees
- 6 Election of Officers from the elected Board
Chairman
Vice-Chair
Treasurer
Secretary
- 7 Proposal to adopt The Cockfield Community as the Working Name of
Cockfield Community Council
- 8 To Consider any Funding Requests which must be notified to the Secre-
tary in writing 7 days before the meeting date
- 9 Any other business and Open Forum
Provisional Dates of 2024 Board of Trustees Meetings
January 11th, March 14th May 16th, July 11th, September 12th, November
22nd AGM, all at 7.30pm in Cockfield Village Hall

**Should you wish to have more involvement in the running of the
Community Council by standing as a Trustee your nomination
must be received by the Secretary 7 days before the AGM,
seconded by a member of the Community Council.**

The Horseshoes Christmas Menu

28th November - 22nd December 2023

STARTER

BRIE & CRANBERRY WONTONS

SERVED WITH A SWEET CHILLI DIP

PRAWN & SMOKED SALMON TOWER

SERVED ON A BED OF CELERIAC & GRANARY BREAD

CURRIED PARSNIP SOUP

SERVED WITH A BREAD ROLL

CREAMY CHICKEN LIVERS

SERVED ON GARLIC TOAST

MAIN COURSE

TRADITIONAL NORFOLK TURKEY

SERVED WITH SEASONAL VEGETABLES, PARSNIPS, ROAST POTATOES, PIGS IN BLANKET AND STUFFING, TOPPED WITH GRAVY

DUCK BREAST WITH A BLACKBERRY SAUCE

SERVED WITH A GREEN MEDLEY OF VEGETABLES & ROASTED NEW POTATOES

ROASTED SALMON

SERVED WITH BRAISED COURGETTES AND A LEMON & CORIANDER COUS COUS, TOPPED WITH A HARISSA MAYONAISE

BUTTERBEAN, SWEET POTATO & SPINACH STEW

SERVED WITH A POTATO PUREE

BUTTERNUT SQUASH, LENTIL & ALMOND WELLINGTON

WITH SEASONAL VEGETABLES, PARSNIPS, ROAST POTATOES & TOPPED WITH A VEGETARIAN GRAVY

DESSERT

CHRISTMAS PUDDING

SERVED WITH A BRANDY SAUCE

LEMON CURD CROISSANT PUDDING

SERVED WITH CUSTARD

CHOCOLATE ORANGE TORTE

SERVED WITH CREAM

PROSECCO SORBET

TWO COURSE £23.95 OR THREE COURSES £27.95

(PRE-ORDERING REQUIRED & DEPOSIT FOR GROUP BOOKINGS)

PRE-ORDERS

ONLY ORDERS MUST BE RETURNED 7 DAYS BEFORE PARTY DATE.

01284 828177

lloydandjessicawarwick@hotmail.com

PLEASE SPEAK TO A MEMBER OF OUR TEAM REGARDING ALLERGENS OR FOR ANY FURTHER INFORMATION

The Horseshoes Christmas Menu

28th November - 22nd December 2023

**Party name -
Date of party-
Time -
Party size -
Telephone number-**

STARTER	QTY	DIETARY REQUIREMENTS
BRIE & CRANBERRY WONTONS		
PRAWN & SMOKED SALMON TOWER		
CURRIED PARSIP SOUP		
CREAMY CHICKEN LIVERS		
MAIN COURSE		
TRADITIONAL NORFOLK TURKEY		
DUCK BREAST WITH A BLACKBERRY SAUCE		
ROASTED SALMON		
BUTTERBEAN, SWEET POTATO & SPINACH STEW		
BUTTERNUT SQUASH, LENTIL & ALMOND WELLINGTN		
DESSERT		
CHRISTMAS PUDDING		
LEMON CURD CROSSIANT PUDDING		
CHOCOLATE ORANGE TORTE		
PROSECCO SORBET		
COMMENTS		

01284 828177

lloydandjessicawarwick@hotmail.com

**PLEASE SPEAK TO A MEMBER OF OUR TEAM REGARDING ALLERGINS
OR FOR ANY FURTHER INFOMATION**

The Cockfield Community

1950's Hop at Cockfield village Hall.

On Saturday September 16th in Cockfield village hall a 1950's Hop was held. What a night! Our chairperson was more than a bit worried as to whether anyone would turn up, but worry not because Approximately 70 did. Followers for this type of event certainly looked the part as they started to arrive at the hall which added to overall feel of the evening. The music began and right from the start there were couples on the dance floor. The music was very upbeat and the atmosphere wonderful, you could tell that everyone was out for a fun evening.

For those of us that were unsure what we should be doing it was fascinating just watching how everyone was basically doing the same dance but with their own little twist, a bit like 'strictly come dancing'!

We were then given a chance to learn some steps with a 30 minute tuition. This was brilliant, our tutor, Esther was very good, didn't go too fast and really pointed out how to hold our arms, turn, get all the way round and not fall over, as well as flick our feet and not kick our partner!

The music by DJ Texas Tommy continued so we could then try out our new steps. During the

evening there was also some line dancing with some excellent directions by the more experienced dancers who were more than happy to show which way we should be going. Sometimes it's definitely harder than it looks, but no one worried, so when we were unsure we just did our own thing !

Refreshments were in the form of tea, coffee and some delicious home made cake

on a help yourself basis and for those that needed something a little stronger the licensed bar was open for business. It was so good to experience the enthusiasm and passion for dancing.

The aim was for a fun evening of dancing and great toe tapping music, with the comments at the end of the evening being very positive, combined with the laughter and smiling faces it proved that's exactly what it was!



The Cockfield Community Events

As we approach the end of 2023 we have just two more events planned, so there is still time to join in. However don't worry if these events are not for you or clash with something else because the community council trustees are busy organising events for 2024 and hopefully the list will include something for everyone.

In the meantime don't forget that the usual monthly village cinema will continue to be shown on the 4th Friday of the month in Cockfield village hall. Doors open at 7pm for a 7.30pm screening. A raffle takes place during the interval, the bar will be open or alternatively tea and coffee can be purchased as well as cake, snacks and ice-cream. If you haven't tried the cinema yet maybe now is the time to give it a go! Did you know that you can also buy gift vouchers for the cinema. These could prove to be the ideal Christmas present for someone!
PLEASE NOTE THAT THE DECEMBER CINEMA WILL BE A WEEK EARLIER THAN NORMAL SO WILL BE ON FRIDAY DECEMBER 15th.

The last two events for 2023 are, a quiz evening in Cockfield village hall on Saturday November 18th 2023. Doors open at 7pm for a 7.30pm start. Test your knowledge by entering your team of up to 6 people. Ticket price for this event is £10 per person and includes a fish and chip supper. Entry forms are available at the village shop and teams must register in advance. A licensed bar will be available on the night and a raffle will also take place at half time.

The final event for the year is Carols by candlelight on Wednesday 13th December 2023. This event was new and very popular last year despite being a very cold and frosty evening. The atmosphere was magical and is therefore being repeated this year. The event will be starting with a candlelight procession from the village hall car park and goes up to the village church. Once inside carols and festive songs will be sung, again all by candlelight. A lovely fun evening for all the family just before Christmas to get everyone into the festive spirit. If you are able to, do try and come along, it's easy to join in and suitable for all ages.

More details for each event will be advertised in Green Links, on village notice boards, on posters around the village and on the community broadcasts as the date gets closer.

Anyone that thinks they might like to join The Cockfield Community as a trustee details are on pages 32 and 33. However, if you would like to help out at events but not commit to being a trustee you can register on the helpers list by email - communitycouncil@cockfield.org.uk

Village Friends

The next meeting will be on Thursday 16 November at 2pm
at Felsham and Gedding Village Hall

This month there will be an Advent Activity as well as tea/
sandwiches/cake
plus the normal monthly raffle

*Village Friends is an over 65's friendship group of men and women
from local villages who meet once a month*

All welcome - just come along!

If you require transport please contact:
Canon Sharon 01284-828599 or 07825 086063
email: revsharon2@gmail.com
Sponsored by the Cockfield Benefice

COCKFIELD CONGREGATIONAL CHURCH

Chapel Road, Cockfield, IP30 0HE

Invite you to join them for an

ALPHA COURSE

To be held on the following Sundays in 2024

JANUARY	7 th , 14 th , 28 th	Time
MARCH	3 rd , 17 th , 24 th	10.30 – 11.30 am.

The course is in the form of a video with Nicky Gumble
This will be part of our normal service led by Josh Bolt

The service will be followed by refreshments

ALL WELCOME

Come to all of the sessions or as many as you can.

NO CHARGE

For more information or if you would like a lift,
please contact the church elder on 01787 247821

Dear Friends,

November is a time of remembering. On 5 November we remember the (failed) gunpowder plot when in 1605 a group of English Catholics sought to restore the Catholic monarchy to England after decades of persecution against Catholics.

It is quite hard for us to think about England being divided due to religion. There had been decades of religious tension in England by the time the gunpowder plot was discovered. English Catholics struggled in a society dominated by the newly separate protestant Church of England. It was Queen Elizabeth I, the daughter of Henry VIII who responded to the growing religious divide by introducing the Elizabethan Religious Settlement, which required anyone appointed to a public or church office to swear allegiance to the monarch as head of the Church and state. The penalties for refusal were severe; but Catholic priests continued to practice their faith in secret.

To this day, priests in the Church of England swear an oath of allegiance to the monarch when they ordained and again when they are made Rector or Vicar of a parish or group of parishes. We no longer persecute people in our country under the law for the religion that they follow, and I thank God for that.

Unfortunately, there are many places in our world where religious differences cause a huge amount of tension, and sometimes can lead to violence. We are seeing this in many places now, not least in Palestine.

I pray, along with many others in the Church to which I belong, for peace. For conflict caused by religious and cultural differences to cease. It feels at times that this will never be achieved, but that does not mean that we can't still pray and hope for it. And as another date for remembering occurs in November, that of Remembrance Day, I pray that we shall remember those from our own land who have fought for peace and democracy. May we continue to work for peace as they so bravely fought for it.

with every blessing

Sharon

Canon Sharon Potter
revsharon2@gmail.com, 01284 828599 or 07825 086063

Cockfield Benefice Services & Events November 2023

Sunday 5 November All Saints	9.30am Communion CW - Stanningfield
	10am Morning Prayer - Cockfield
	6pm SixtoSeven - Felsham Village Hall - update on Armenia
Sunday 12 November Remembrance Sunday	9.30am Said Communion - Bradfield St Clare
	10.30am Remembrance Service - Bradfield Combust War Memorial
	10.30am Remembrance Service - Felsham
	10.30am Remembrance Service - Cockfield
	10.30am Remembrance Service - Bradfield St George
Saturday 18 November	10.30am - 4pm Christmas Craft & Artisan Fair - Cockfield
	2-4pm Messy Church - Venue tbc Food - Fun - Story - Crafts/games
Sunday 19 November 2nd before Advent	9.30am Morning Prayer CW - Stanningfield
	10am All-age Service - Felsham
	10.30am Communion CW - Cockfield
	4pm Evening Prayer CW - Bradfield St Clare
Sunday 26 November Christ the King	9.30am Communion CW - Gt Whelnetham
	10am Sunday Worship - Bradfield St George
	10am Communion BCP - Gedding



Please note these services may be subject to change – for up-to-date service times see the benefice website at www.cockfieldbenefice.com A service of Celtic Morning Prayer is held every Tuesday at Cockfield at 9am and at Stanningfield every Thursday at 9am. A prayer group meets every Wednesday at 2pm via zoom. For more details contact Canon Sharon Potter revsharon2@gmail.com

Halloween is coming up and my children are keen to dress up for trick-or-treat. I've read about accidents involving costumes catching fire and I'm worried about buying an outfit that could be highly flammable. I don't want to spoil their fun, but I do want to make sure everyone is safe. How can I check if the costumes would be safe for my children to wear?

It's not easy being the 'safety police' when everyone just wants to have fun - especially when that fun includes extravagant costumes. Children should always be kept away from naked flames, but Halloween costumes come with their own set of risks for which extra safety precautions are needed. They're not always subject to the same fire safety checks as normal clothing as they can often be classed as toys. With Halloween being a time where lots of lit candles in pumpkins are on the same doorsteps that trick-or-treaters congregate on. As you rightly point out there have sadly been accidents associated with dressing-up outfits and so checking the garment complies with UK/EU safety standards should be a top priority.

No one wants an unexpected horror story at Halloween so it's always best to know what you're looking for when buying any costume to make sure the risks are limited as much as they can be:

- Always buy your Halloween costumes from reputable shops and online retailers. If you haven't bought anything from the shop before, make sure you check online reviews.
- Make sure the costume comes with safety instructions, a UKCA or CE marking and the manufacturer's name. The UKCA marking is the post-Brexit British equivalent of the CE mark which is also still valid.
- Check for any product recalls online — searching for 'product safety recalls' will bring up the Office for Product Safety and Standards list.

While you might like to let your creative streak run wild and attempt to make your own bespoke costume, it's worth keeping in mind that homemade fancy dress costumes may also come with risks, especially if you use fabrics or decorations not designed to be worn.

If you'd like more advice, or to report something to Trading Standards, contact Citizens Advice consumer service by phone, 0808 223 1133, 9am to 5pm, Monday to Friday or online <https://www.citizensadvice.org.uk/consumer/>.

For information and advice on this or anything else, visit www.citizensadvice.org.uk or call Sudbury and District Citizens Advice on 01787 321400 and leave a message and someone will call you back when available. Alternatively, contact us via email at advice@sudburycab.org.uk or by using the contact facility on our website, <https://www.sudburycab.org.uk/contact>

We are providing advice by telephone and email Monday – Thursday, 10am – 3pm.



lilley.therapy@gmail.com



07701 098380



[therapeutic_connections](https://www.facebook.com/therapeutic_connections)

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| Pressure washing |

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Email: gardenservicesbymark@gmail.com

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Ride on mowers from £1799 inc vat

Walk behind petrol & battery mowers from £249 inc vat

Strimmers, hedge cutters, blowers, chainsaws etc

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Email:
jgoodsman@btinternet.com
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Church Lane, Cockfield
Bury St Edmunds
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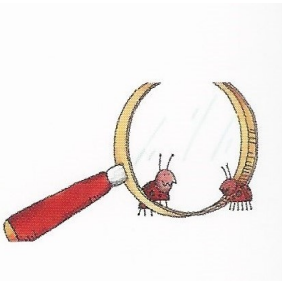
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Congregational Church Corner

Someone has written: "It is good to do the work of God but it is far better to do the will of God". This profound and true statement came back to me as I was reading through 1 Chronicles 28 recently, which exactly illustrates the point the writer was making.

David wanted to build a temple to house the arc of the covenant which was, effectively, the dwelling place of God on earth (verse 2). He had the blueprint for the building, given to him by God Himself (verse 19) and all of the resources necessary for completion of the project to a magnificent standard (verses 14 - 18). The idea to build the temple was affirmed by God, Himself (verse 10), this being within His plan and purpose for His people, providing a suitable place for them to worship Him. Unfortunately for David, however, God told him that he was not to be one to build it (verse 6).

God did not do this out of malice or to punish David in any way, but because the temple was to be a house of prayer and peace, it was inappropriate for a man of war, who had shed blood, like David who was a warrior king, to build such a place (verse 3).

This must have devastated David, because it had long been his heart's desire to build a temple to the glory of God, but this was being taken away from him and given to his son Solomon (verse 20), which David just accepted. He did not rant and rave at God over His decision but, instead, he praised Him for it (1 Chronicles 29: 10).

David had many faults and failings, but in this, he serves as an example to us all. It is not our will that matters but God's. And so David was accorded the privilege of being called "a man after God's own heart" (1 Samuel 13:14) and, additionally, he was greatly blessed by God (1 Chronicles 14:2).

To contest the will of God in anything is futile, because, as we are told: "unless the Lord builds the house the labourer labours in vain"(Psalm 127: 1). This is so true, and it is, therefore, far better to yield to God's will in all that we do, rather than spend time and effort on something God will not bless because He is not in it. If we learn this lesson early in life then we will do well in God' service and, like David, receive God's blessing.

William Attwood



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Announcements

Just a note to say the Shotbolt's have moved out of Abbey Cottages. We feel it a huge wrench we were there for 43 years. We loved living in Cockfield but it has come the time we had to move on I could no longer keep my garden, all the stress of moving gave me a heart condition but we will be nearer. Our two sons Barningham is only one mile from Mathew in Coney Western and we will be 2 miles from Ben in Hopton. So with sadness we say good bye.

But we will be returning for some of the Cockfield events and see our friends.

Linda

Do you have an announcement you would like included here?

There is no charge for any announcements

Please contact the Editor Janne Cutting-Keyton on

01284 828264 or janne@twerbs.co.uk

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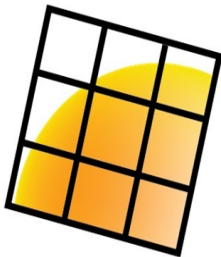
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Cockfield Carpet Bowls Club	June Pettit	carpet.bowls@cockfield.org.uk
Cockfield Cemetery	Ralph Turner	828201
Cockfield Charties	Tony Box	charities@cockfield.org.uk
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Community Council Secretary	Janne Cutting-Keyton	community.council@cockfield.org.uk
Computer Circle, e-news	Neil Ashton	computer.circle@cockfield.org.uk
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